



The INSIDER

An Independent Newspaper
For Wynmoor Residents

VOL. 9 NO. 3

MARCH 2025

Wynmoor Residents Benefit from



FREE Heart Scan

By Insider Staff

Two years ago Broward County Commissioner Mark Bogen developed a program which allowed Broward residents to have a free heart scan at area hospitals. The Broward County Commission allocated \$10 million dollars to allow qualified residents to take the scan which would show blockages in a person's arteries. Bogen, who learned of this test from a leading cardiologist at Mayo Clinic, realized it was not being given to people on a preventative basis. "If someone complains of chest pain, a hospital will administer this test to see where the blockages are. The problem is that once a person experiences chest pain, it may be too late. We need to provide this test on a preventative basis before a person has a heart attack, said Bogen.

The test is called a cardiac CTA or a Coronary Computer Tomography Angiography (CCTA) and is a non-invasive test. A CT machine is used with contrast to take the images of a person's arteries. The test takes approximately 10-15 minutes and is performed at a hospital that has the capability and training to do

it. Currently, the Broward Heart test is provided at Holy Cross, Broward Health, Cleveland Clinic in Weston and Baptist Hospital. To get registered for the test a person can go to takehearttest.com

The Insider Staff has learned that several Wynmoor residents who took the heart scan have undergone open heart surgery and other treatments, which have saved their lives. "There are thousands of people who feel fine with no symptoms who are walking time bombs. Considering that heart attacks are the leading cause of death, this test needs to be given to all individuals once they are in their 50's and older," said Bogen.

For the future, Bogen is working on providing free cancer screening for Broward residents in conjunction with the heart scan. "He is working with Broward Health on a combined program where residents can come once a year to get free preventative cancer and cardiac screenings that have never been provided in the past," said Bogen. What has motivated Bogen was the sudden death of his mother twenty years ago who did not have any symptoms of heart disease.



Vet's Go Out to the Ballgame!

By Alan Duretz, Founder and Chairman

Veterans, did you know there is a local non-profit that takes you to a Marlins game for free?

Vetbaseball.org was founded right here in Broward County in 2018, by a few veterans who happen to be huge baseball fans. Alan Duretz and his team have hosted more than 2000 Veterans at Marlins games. We can take groups as small as 20 or as many as 50. Hop on our luxury bus, a buffet meal is waiting for us near our seats, every guest is given a commemorative t-shirt to wear, and sometimes we have a surprise or two while we're at the game. We are all volunteers so every dime we raise

goes towards our mission.

Our goal for 2025 is to have our biggest season yet. We want to take 500 Veterans to loanDepot Park! We know we can do it; we make it easy for you and your fellow veterans. Just sign up, show up, and join the camaraderie that only veterans know how to do.

Please visit our website, see what we've been doing for our first six seasons, and help us do it for many more to come. www.vetbaseball.org

On behalf of our Board, our Advisory Committee, our volunteers, and the veterans we love to serve, thank you.



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Please keep all articles timely, according to the published date. **Articles are encouraged to be emailed to: wynmoorads@aol.com**

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SECURITY NEWS

Dispatch: 954-978-2667

For Medical and Life/Health Threatening Emergencies, Always Dial 9-1-1 FIRST!

Remember to STOP at ALL Stop Signs. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages. Citations will be given out to those who violate the road rules. First Offense: \$25 Fine Second Offense: \$50 Fine

Remember that Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

Crime Prevention Round Table: Be informed! Know what is going on in your community! Come to the Crime Prevention Round Table, sponsored by the Coconut Creek Police Department.

Your Guest List

Unit owners or tenants are responsible to call in their guests, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

Make sure your guests have I.D.s ready when approaching the gate for proper verification.
They must have the NAME and ADDRESS of the resident they are visiting.

Important Numbers

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Automated Gate Access:..... 954-978-2666
Security Dispatch:..... 954-978-2667
Resident Registration Office:..... 954-978-2600, ext. 321
Coconut Creek Police, Non-Emergency: 954-346-4400

Hours of Operation

Administration/Pool/BBQ:..... 7:00 AM - 10:00 PM
Fitness Center:..... 6:00 AM - 10:00 PM
Country Club: 8:00 AM - 11:00 PM
Racquet Center: 8:00 AM - 8:00 PM
Theatre Complex:..... (Movies Only) 7:00 PM
.....(unless there is a specific approved event)

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From the President



I want to express my appreciation and heartfelt gratitude to our Wynmoor Relay for Life team, for their tireless efforts to make this year’s fundraiser a huge success!

So many wonderful events took place supporting “Relay for Life,” exciting golf and pickleball tournaments, an incredible talent show, the beautiful Luminary Walk and so much more. These events truly showcase the vibrant spirit and camaraderie of our community. Thank you to everyone who participated and supported these special moments. Let’s continue to come together, celebrate, and make Wynmoor an even more amazing place to live!

Whether you walked in memory of a loved one, celebrated as a survivor, or cheered on the sidelines, your presence helped raise lifesaving funds for cancer research and patient support programs at the American Cancer Society.

I am especially thankful to our dedicated volunteers, staff, team captains, sponsors, and the countless individuals who donated their time and resources to make this event possible.

Together, we took a significant step towards a cancer free world. Thank you for standing with us in this fight!

The Pickleball Grand Opening on Wednesday, February 5, 2025, was an exciting and memorable event! We proudly celebrated the installation of brand-new pickleball courts at the Racquet Court Complex, further expanding the diverse recreational options available to our community. These upgrades reflect our ongoing commitment to keeping Wynmoor a vibrant and active adult community. We hope everyone enjoys the new courts and continue to build friendships.

There comes a time in all our lives when we need to reach out—whether to a doctor, a healthcare professional, someone who shares our beliefs, or simply to connect with family, friends, and our community. Please know that help is always available.

Broward County offers a dedicated support line—just dial 211 to connect with someone who can assist or provide support in multiple areas. www.211-broward.org

Additionally, there are innovative programs designed to enhance the well-being and independence of older adults, such as:

- **Senior Technology Programs** – Offering tools to stay connected and engaged. technology@adrcbroward.org/senior-technology-programs

- **ElliQ** – A digital companion designed to empower older adults to live healthier and more independent lives. This voice-operated smart device provides companionship, health and wellness support, entertainment, and more. www.adrchbroward.org/elliq
 - **The Ring Community Program** – Assisting older adults in maintaining their independence and quality of life. technology@adrcbroward.org/senior-technology-programs
 - **Robotic Pets** – Providing comfort and companionship to seniors, reducing loneliness and promoting emotional well-being. technology@adrcbroward.org/senior-technology-programs
 - **Evolve** – Advanced technology that helps keep seniors safe in their homes and offers wellness support! <https://www.adrchbroward.org/tranquility-lifestyle-solutions>
 - **Equine-Assisted Therapies** – Therapeutic Riding Therapy. This is a type of therapy that uses horses to help people with emotional and behavioral issues. It can also be used to help with physical rehabilitation. www.equineatsf.org
- These resources are here to support and enrich your life. Don’t hesitate to make that call!
- Beware of Scams Targeting the Community**
- The Coconut Creek Police Department warns residents about various scams affecting the community. Recent scams include job interview scams, where victims are tricked into buying gift cards for fake employers, and tech support scams, where scammers gain remote access to computers and steal money. Other frauds involve fake delivery drivers stealing credit card information (customer support scam) and fraudulent real estate listings on Craigslist. The grandparent scam preys on the elderly by posing as a relative in distress, while the distraction burglary scam involves fake utility workers entering homes to steal valuables. Online fraud is also widespread, including puppy sale scams, OfferUp transaction fraud, and IRS impersonators demanding gift cards. Additionally, “too good to be true” scams deceive victims into handing over money for fake reimbursements.
- Continued on page 8*

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Luck is not chance, it's toil. Fortune's expensive smile is earned.” – Emily Dickinson



Honoring Saul Dreier

Holocaust Remembrance Day
Submitted By Roz Greenberg

On Holocaust Remembrance Day at Coconut Creek City Hall, Saul Dreier, a resident of Wynmoor who will soon celebrate his 100th birthday, was honored by City Commissioners Jeff Wasserman and Josh Rydell. Saul was the sole survivor of his family, who tragically perished during the Holocaust. He endured the horrors of three internment camps.

In the evenings, survivors gathered at the camp to sing, despite their exhaustion and hunger. Saul, who had been given a pair of spoons by Schindler at a displaced persons camp, played music with them. After his liberation and relocation to Italy, Saul learned to play the drums, as there were actual instruments available to him. Since then, he has joyfully played music all over the world, sharing his passion with audiences far and wide.

From the President

Continued from page 5

Stay vigilant! Never send money or gift cards to unknown parties, and report suspicious activity immediately to the Coconut Creek Police Department.

March has always been a crucial time for Coconut Creek’s local elections, and I cannot stress enough the importance of making your voice heard. Your vote counts!

Please make sure to cast your ballot on Tuesday, March 11, 2025. You can vote at the West Wing from 7:00 a.m. to 7:00 p.m.

Your participation shapes the future of our community—let’s make a difference together!

Wynmoor is proud to host the 39th Festival of the Arts on Saturday and Sunday, March 15th & 16th!

This is a fantastic opportunity to celebrate the incredible talent within our community. Our residents’ creativity and craftsmanship are truly remarkable, and this event showcases the best of Wynmoor’s artistic spirit.

Come, explore, and be inspired! Don’t miss out on this special event!

Our calendar is brimming with activities and events to suit every interest. Enjoy captivating shows, thrilling movies, lively bingo nights, and fun-filled karaoke sessions. Outdoor enthusiasts can take advantage of golf, pickleball, tennis, bocce, and shuffleboard, or simply soak up the sunshine by the pool or the beach. No matter the season, Wynmoor continues to be a place of connection, entertainment, and enjoyment for all!

Don’t forget to wear your green on March 17th, St. Patty’s Day. You just might find what you’re looking for at the end of the Rainbow!

God Bless

Jackie Railey
Jackie Railey

OBEY THE SPEED LIMIT IN WYNMOOR

The speed limit on Wynmoor Circle is **25mph**. The speed limit in the villages is **15mph**. There is absolutely **NO PASSING** on Wynmoor Circle and all **STOP SIGNS MUST BE** observed by residents and guests. **All residents and guests are required to abide by Wynmoor Rules and Regulations.**

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I Should Have Never Listened To My Wife!

By Peter Hardis

During the month of August in 2001 there was a dangerous heat wave in the northeast. Just when this happened my daughter’s air conditioner broke down. Because it was unsafe for her family to remain in the house until it was repaired, they all came to stay with us.

When she arrived, my wife decided that the next morning I would be the one to go and wait for the repairman. Because he was so busy given that this was such an incredible heatwave he couldn’t give my daughter a time of arrival, but told her to make sure someone would be at her place anywhere between 6:30 a.m. until as late as 7:30 p.m.

I arrived at her apartment building in White Plains, NY at 6:15, but I had difficulty finding a parking spot. Just when I did my cellphone rang. “Dad, please remember that you cannot leave the apartment for any reason because you will have to buzz the repairman up.” “Dad, don’t try to open any of the windows because they are all stuck shut.” “Dad, don’t look for fans because we don’t have any.” “Dad, you have to clean out the cat’s litter box. Leo won’t go in it if it’s dirty, and then he’ll make all over the floor.” “Dad, Leo eats his lunch at 12:30. His food is in the pantry. He only eats the Fancy Feast Gourmet tuna for lunch. Make sure to feed him at exactly 12:30 because that’s when he expects his lunch to be served to him.” “Dad, I didn’t have time to go shopping so there isn’t any food for you to eat, but you absolutely cannot forget to feed the cat.” “Dad, look to see if Cayla’s ‘Robbie the Rabbit’ is on her bed. We forgot it and Cayla is very upset. Do you see it in her bed?” I told her, “Right now I’m pulling into a parking spot.” “WHAT? I’M DYING! YOU AREN’T IN THE APARTMENT YET? Mom, he isn’t even there yet. I’m putting mom on the phone.” “Pete, what is wrong with you? You were supposed to be in the apartment at 6:30. It’s almost 7 now. What if the guy came and you weren’t there. Don’t you dare mess this up for your daughter! Just get up there right now and do what you were sent to do!” Then she hung up on me.

There is no way I can describe how hot the apartment was. When I looked at the cat his forehead was covered with perspiration. He looked up at me as if to say, “Pete, you have to get me out of this place. I’m sweating like a pig and I’m pretty sure I’m going to die.” It didn’t take long for me to also be drenched like he was.

After cleaning out Leo’s litter box, after I fed him his lunch I put a cold compress on my forehead and then on his; we then sat on the couch and watched The Young and the Restless, Oprah, and Judge Judy, then we must have dozed off.

At about 5:30 in the afternoon we were startled awake when we heard the buzzer. “Forever Cool.” “Okay, I’ll buzz you up.”

“Boy this place is worse than a steam bath! I’m surprised that cat is still alive.” He climbed through the crawl space and came out in less than a minute. “The compressor is gone. I’ll call your daughter and tell her she needs a new air conditioner.” Then he left.

I called my daughter, “The guy said you need a new air conditioner. He’s going to call you. I’ll be home in about a half hour.” “Dad, I’m putting mom on.” “Pete, Karen gave me a list of what you have to do before you leave. Listen to me very carefully! First you have to clean out Leo’s dirty litter box and throw the dirty litter bag in the large dumpster in the back of the building; go back upstairs, pack up 10 cans of Leo’s food; get the big bag of clean litter that’s under the sink along with Leo’s litter box and take them down to the car; go back upstairs; put Leo in his traveling cage; get Cayla’s ‘Robbie the Rabbit’ and take those down to the car. Make sure to put them carefully in the backseat. When you are finished doing that you can come home.”

I said to her, “Are you sure that’s all? Shouldn’t I also wash the floors, make the beds, and do a dish wash before I leave?” “Pete, why do you have to be such a nasty man?” Then she hung up on me.

Continued on page 10

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NATURE AND ARTS CLUB VISITS THE

Adrienne Arsht Center

FOR THE PERFORMING ARTS OF MIAMI-DADE COUNTY

More than 80 members of The Nature and Arts Club visited the Adrienne Arsht Center in Miami on February 20th. Two buses crawled through a typical Miami traffic jam to arrive at the Center, where we were divided into smaller groups and assigned a tour guide to take us through the visually stunning facility. The Center is home to the Florida Grand Opera, the Miami City Ballet, and the New World Symphony. It is a \$470 million component of an ongoing urban revitalization of downtown Miami. One of the largest performing arts centers in the United States, it is partially built on the site of a former Sears department store, which was an early Art deco building constructed in 1929. It was added to the National Register of Historic Places in 1997. The only surviving part of the original structure is the seven-story tower which was designed as the grand entrance to the Sears store. A beautiful portrait entitled *A Ballerina*, painted in 2018 by Brazilian street artist Kobra, currently graces the front of the tower.

We learned that the Center was designed by famed architect Cesar Pelli, and it occupies two 570,000 sf sites crossing Biscayne Boulevard, connected by a pedestrian bridge. The three main venues comprising the Center are the Knight Concert Hall (seats 2200), the Ziff Ballet Opera House (seats 2400), and the Carnival Studio Theater, which is a flexible black box space that can



seat up to 250 people. The latter is often used for more avantgarde or experimental works.

One of the interesting things pointed out to us on our tour was the variable acoustic design in the concert hall. It can be modified to accommodate any type of performance, from a small chamber ensemble to a full orchestra, or from spoken word to jazz. This is accomplished by tuning the connection to a reverb chamber that surrounds the 88-foot diameter semicircular stage. Tuning is accomplished by varying the positions of 84 large doors and heavy drapes to control the dynamics of the hall. Even the maple wood used in the construction was chosen for its

special acoustic properties.

Another point of interest was a large, artistically rendered hand on the lobby floor of the Ziff building. It is meant to be a symbol uniting the opera house to the concert hall, as well as its use in greetings and clapping.

Finally, a large mosaic by Cuban artist Cundo Bermudez entitled *Ways of Performing* provided a fun and colorful backdrop for a photo of our tour group.

After the tours were completed, we all gathered for a tasty box lunch before heading back to Wynmoor. Kudos to all involved in organizing this trip, especially Elinor Weinstein, our trip coordinator.

Nature and Arts

Our Trip To The Adrienne Arsht Center

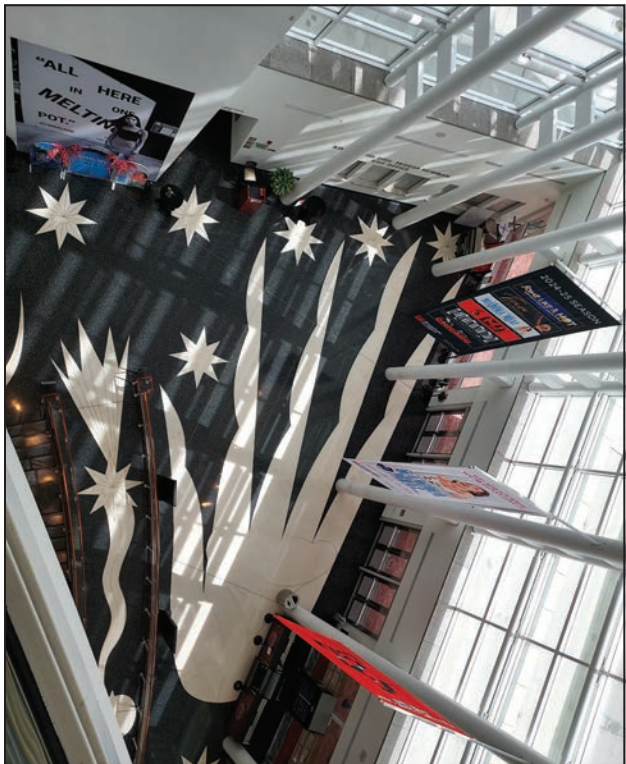
By Vicki Mitchell



On the bus heading to the Adrienne Arsht Center.



A portrait entitled *A BALLERINA* in front of the former grand entrance of a Sears department store now incorporated into the Adrienne Arsht Center.



A stylistic hand is meant to connect the opera house to the concert hall.



One of the tour groups in front of a mosaic by artist Cundo Bermudez.



Club members crossing the pedestrian bridge at the Adrienne Arsht Center while on tour.



View of the concert hall at the Adrienne Arsht Center.



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 **PARKS & RECREATION**



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Continued from page 10

If politicians are sincere and trustworthy and really love their countries and citizens.

If children are not born with or ever have cancer.

If there is no discrimination in America or in the world.

If there was no holocaust, what will Germany be like today.

If there was no slave trade, what will Africa be like today.

If banks do not discriminate against minority borrowers and deny them mortgages they are qualified for.

If Native Americans were not massacred a few centuries ago.

If rich and wealthy Americans and Corporations pay their fair share of taxes.

If citizens are not allowed to have children, they cannot afford to raise.

If there is no more hunger in America, the richest country in the world.

If there is no human trafficking and child labor in the world.

If there are no killings or stealing.

If there are no wars in the world.

If Canada becomes a state in the United States of America.

There are certain ifs that could still happen before humans destroy themselves. Here are some of those:

If America elects a woman, President.

If a woman is allowed to marry two men.

If a man is allowed to marry two women.

If all medical and nursing colleges are tuition free.

If someone establishes a third political party in America.

If prostitution is legalized in America.

When there is life, people have wishes, hopes and dreams.

Monday Night Dance and Social Club

In February, we celebrated Lunar New Year and also had a members Pizza Party.





Re-Elect

Jackie

RAILEY

for Coconut Creek Commissioner, District B

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- Jared Moskowitz

Comm. Railey has been entered into the 118th Congressional Record for contributions and good service to the city and community.

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PRIORITIES

- Stop the proposal to expand the turnpike in our backyards
- Oppose the expansion of Mount Trashmore landfill
- Help our community and businesses continue to thrive
- Work to keep taxes and fees under control
- Enhance public safety by supporting our first responders

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- **Mark Bogen**
Borward County Commissioner
- **Rep. Christine Hunschofsky**
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- **Tina Polsky**
Florida State Senate
- **Broward County PBA**
Police Benevolent Association
- **Coconut Creek** Fire Department



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- Current Member of the Broward County Planning Council
- Council Representative for Martinique III Village Condominium Association
- Graduated from the Citizen's Academy of the City of Coconut Creek
- Served as Chairperson of the City of Coconut Creek Outreach Committee
- Served on the City of Coconut Creek Redistricting Committee
- Poll Worker for the Broward County Supervisor of Elections
- Worked for the U.S. Census Bureau
- American Cancer Society, Relay for Life Chairper-son, raising more than \$400,000
- Member of the Florida League of Cities
- Inducted into 118th Congressional Records
- On the Financial Council of San Isidro Church



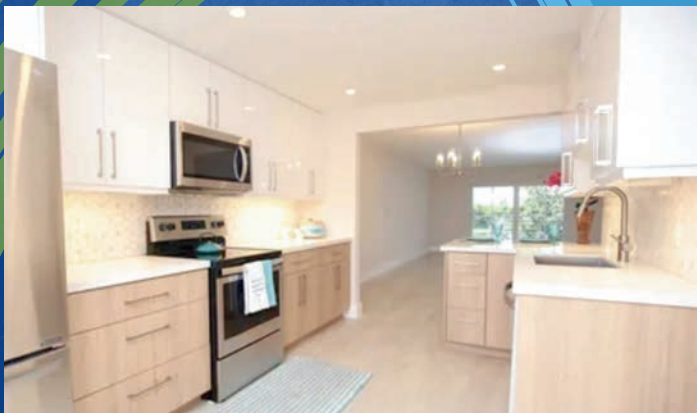
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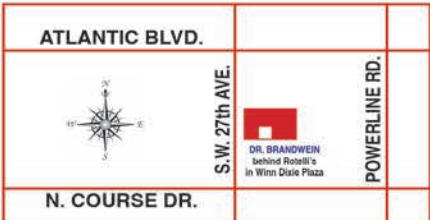
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DON'T BE A
VICTIM



Safety Solutions

By Scotty Leamon, Public Safety Information Officer, Coconut Creek Police Department

Bitcoin Machines Are Becoming Another Scam Alert Red Flag

Below is one of the latest scam alerts we issued on our social media pages (Facebook, Instagram, and Twitter). It's important because we're seeing a growing number of scam artists sending their victims to Bitcoin machines in order to get their money.

Why you need to become familiar with Bitcoin Scams is the reason for this Coconut Creek Police Department

Scam Alert. Bitcoin is a digital currency, also known as "cryptocurrency," or "crypto." While crypto comes in many forms, Bitcoin has caught on as sort of a catch-all name for it.

An 84-year-old Coconut Creek man recently came to us after getting fleeced out of several thousand dollars in a combination Bitcoin and Pop-Up Scam. Pop-up scams are when you're on your computer and notice a pop-up claiming that your computer has been hacked. It will leave you a phone number to call, which our victim did. He talked to someone claiming to be a representative from Microsoft. The scammer told the man his computer had been hacked with child pornography and that his financial information had been compromised.

Another scammer then called him claiming to be from his bank. She talked him into withdrawing a large amount of money from his bank account and depositing it into a Bitcoin machine to "correct" the issue. Since it worked

the first time, they sent him back to the bank again, only this time the bank employees figured out it was a scam and stopped him. But once he put all that money in the Bitcoin machine, it was gone.

There are two big red flags in this story:

- 1- Any time anyone tells you to resolve any situation by withdrawing money and depositing it in a Bitcoin machine – it's a scam.
- 2- Remember that no one from your bank would ever call you out of the blue for any reason. If you get a phone call like that – it's a scam.

The scammers want to scare you into doing something you ordinarily would never do – like give them a bunch of your money in a panic. You're probably thinking: "How did an 84-year-old man know where to find a Bitcoin machine in the first place?" The scammers told him. They even gave him step-by-step directions on where to find the machine and how to use it.

Another important tip is to slow down, relax, and ask a trusted friend what to do. In this victim's case, the bank employees intervened. Talking things through with someone might prevent you from being scammed.

The federal government estimated Pop-Up Scams cost victims nationwide a combined \$542 million between the beginning of January and the end of June in 2023 alone.

The Federal Bureau of Investigation found complaints about Bitcoin scams reached nearly 70,000 in 2023, costing victims an estimated \$5.6 billion in cryptocurrency.

I get asked a lot: "How can somebody fall for that scam?"

As evidenced by the statistics, a lot of people do. Don't be one of them.

BE SCAM CONSCIOUS!

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- ✓ Opposed expansion of Mt. Trashmore & Turnpike
- ✓ Added glass and compost to recycling program
- ✓ Advocated for residents' concerns & negotiated with developers

PUTTING TAXPAYERS FIRST

- ✓ Ensured fiscally sound budget, maintaining services & programs
- ✓ Brought transparency through livestreamed Commission meetings
- ✓ Focused on road, sidewalk, & infrastructure improvements

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- ✓ Engages with the school district & speaks at School Board meetings
- ✓ Formed Teen Political Forum to teach students about government



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What To Know Before “Reversing” Your Retirement

After working for decades, you may have been looking forward to retiring. But what if you decide to “reverse” your retirement?

You could rejoin the workforce for any number of reasons. You might need the added income to help pay for your living expenses, but you also might miss the social interactions with co-workers, or simply desire more purpose or stimulation in your life.

And if you do un-retire, you’ll have plenty of company. More than 13% of previously retired baby boomers returned to the workforce in 2023, the highest level in five years, according to data from LinkedIn, the online career networking platform.

When pondering the decision to go back to work, you’ll want to evaluate the advantages and the possible drawbacks.

First, let’s look at the benefits of rejoining the workforce. By improving your cash flow, you may be able to do more of the things you enjoy, such as traveling. And you might also be able to reduce your debt load, which can free up even more cash. You might also use the extra money for other purposes, such as contributing to a tax-advantaged 529 education savings plan for your grandchildren.

Furthermore, depending on where you’re returning to work, and whether you go back full or part-time, you might gain access to your employer’s benefits programs. If you aren’t already enrolled in Medicare, you could find it financially advantageous to sign up for your employer-sponsored group medical plan. And you may also be able to contribute to your employer’s 401(k) or similar plan. Even if you’re not eligible for an employer-sponsored retirement plan, you can contribute to an IRA if you have any earned income.

And here’s something else to think about: By bringing in income from employment, you may be able to take less out each year from your existing 401(k) and IRA, giving them a chance to potentially grow more. (Once you turn 73, or 75 if you were born in 1960 or later, you’ll have to start taking withdrawals from your traditional IRA and 401(k). With a Roth IRA and 401(k), you’re not required to take withdrawals at any age.)

Now, let’s consider some potential areas of concern about returning to the workforce. If you’ve been taking Social Security, your 2025 benefits will be reduced by \$1 for every \$2 earned above \$23,400 if you haven’t reached your full retirement age, which is likely between 66 and 67. In the year in which you do reach your full retirement age, your benefits will be reduced by \$1 for every \$3 earned above \$62,160. Starting in the month in which you reach your full retirement age, you can earn as much as you want without losing benefits. (Also, Social Security will then recalculate your payments to give you credit for the months in which your benefits were reduced due to your earned income.)

Another area of concern might be your Medicare premiums. Because these premiums are based on your income, they could rise if you start earning more money. Also, if your income increases enough, you might be pushed into a higher tax bracket.

Ultimately, you’ll want to weigh the pros and cons of returning to work. If it seems the advantages outweigh the disadvantages, you may well enjoy embarking on your “second act” in the working world.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



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MEN IN BLACK

On February 12th the MIB of Wynmoor got together once again, and this time it wasn't just the men! We invited our wives, partners and friends along to share in the fun. We set sail with the Carrie B to see Ft. Lauderdale by water.

A 1.5 fully narrated sightseeing cruise of Ft. Lauderdale's yachts and homes of the rich

and famous traveling on the New River, the Intracoastal Waterways and Port Everglades. Afterwards we all went to The Cheesecake Factory for lunch in Las Olas just a 5 minute walk from the waterfront.

We all had a great time!



WYNMOOR SHORT FILM FESTIVAL RETURNS

By Enid Wolf-Schein

The Fifth Annual Fest this year will preview on Friday, March 21st at 7:00 p.m. with a matinee the next day, March 22nd at 2:00 p.m. 10 films will be screened in the Lecture Hall followed by a wine and popcorn reception in the Ballroom. We begin with "A Senior Moment" the audience favorite last year.

This will be followed by a short comedy made in Wynmoor, "We're Not Ginger."

Our longest "short" is the premier of "A Silencer, a Funeral and One French Fry" that has elements of murder and comedy.



Other films cover a lot of different topics, all for fun.

We conclude with two Instructional Dance videos "Zorba's Dance" and "Beautiful Sunday" with costumed demonstrations that will be followed up in the Ballroom Reception.

The Ballroom Reception, in addition to wine and other drinks as well as unlimited popcorn, will also feature great movie music. A Red Carpet will be available for anyone who wants to strut their finery which is encouraged for this occasion. Ticket sales will continue in the Library on Wednesdays from 2:00 to 4:00 p.m. until all tickets are sold.





1



3



4



5



2



CAMERA CLUB

BY NANCY LANDMAN

1 LOOKING OUT BY DANIEL DIAZ

2 NATIONAL GALLERY BY CORINNE BRODY

3 AFTER THE STORM BY JEANETTE RICHARDS

4 HANDS AND HEARTS BY JENNIFER JAMES

5 LOCAL LINES BY MICHAEL BRODIE

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MARCH 11, 2025 CITYWIDE ELECTION

THERE IS NO EARLY VOTING FOR THE MARCH ELECTION
VOTE ON ELECTION DAY, MARCH 11 AT WEST WING
PLEASE RETURN YOUR VOTE BY MAIL BALLOT IF YOU REQUESTED ONE

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It would be an honor to represent our city.

I hope to *earn your support and your vote!*

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THEATRE SHOWS

MARCH

MAN OF LA MANCHA

Saturday, March 1st @8:00 pm
Sunday, March 2nd @2:00 pm

\$30 per person,
per showing



Man of La Mancha follows Cervantes as he and his fellow prisoners perform a play during the Spanish Inquisition, highlighting Don Quixote's quest to right wrongs. With a score featuring the iconic "Impossible Dream" and "I, Don Quixote," this musical celebrates the resilience of the imagination and the courage to see life as it ought to be.

THE DIAMONDS

Saturday, March 8th
8:00 pm/ \$22 per person

Doo-wop legends The Diamonds bring their hits to Wynmoor. They'll have you strollin' down memory lane with their iconic songs like "Silhouettes" and "Little Darlin." Get ready for a night of Doo-Wop Rock n' Roll nostalgia with a fresh attitude!



DUDU FISHER

Saturday,
March 15th
8:00 pm
\$26 per person



Celebrate 5 decades of music with Israeli legend Dudu Fisher! Hear iconic songs and favorites from Les Misérables, Phantom, Fiddler on the Roof & more. Sing, laugh, and find inspiration in this unforgettable show!

ABSOLUTE QUEEN

Saturday,
March 22nd
8:00 pm
\$28 per person



Relive the magic of Queen as Absolute Queen brings their meticulous live performance to Wynmoor once again. Experience soaring vocals, intricate harmonies, and a powerful production that goes beyond "tribute."

SARGE

Saturday,
March 29th
8:00 pm
\$26 per person



Laugh out loud with Sarge, a unique comedian who blends social commentary with hilarious personal stories. Sarge will be bringing his sharp wit, impersonations, and a celebration of his Black Jewish identity to Wynmoor.

(954) 978-2629

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Enter your membership ID number from Wynmoor ID Card.
Do not include the Zeros before Number ID

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No guests under age 15 permitted.

Box Office hours are Monday 9 am – 12 noon and 2 pm – 4 pm, Wednesday, 9 am – 12 noon.
Online sales end two hours before show. Box Office opens one hour before each performance for sales in-person.
NO SHORTS FOR SATURADY NIGHT PERFORMANCES. All Shows are subject to change, modification or substitution. No refunds/exchanges.
No food/drinks allowed in theatre. Bottled water OK. No Smoking in Theatre including E-Cigarettes. Some people are allergic to perfume/cologne, if you use these items, please go lightly. No video or camera use during shows. Please be courteous— no talking on cell phones and no dancing in and between aisles.

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Getting off the Worry-go-round!

By Manohara Ferretti M.Div.

For some of us, worry is the filter through which we see the world. By confronting repetitive thoughts and fears of the unknown, you can stop the sky from falling. Worrying is a habit and can lead to depression if not understood and redirected.

The process of worrying is a strategy of the mind to cope with uncertainty or a reality that is filled with problems and dangers. You fret in order to help you act responsibly, motivate yourself to get things done and avoid unpleasant feelings. But often it doesn't really work. You focus on the possible negative outcome of a situation before it even happens and often worry for nothing when everything turns out fine; wasting energy and raising your stress level.

Worriers are people that believe things are about to go out of control... "But what if..." often appears in their thoughts. Worriers are intolerant of uncertainty. Definite negative outcomes are preferred to an uncertain outcome that could be positive. "If I predict it, I can prevent it." Often, they fear being out of control with their feelings. Worriers have more difficulty identifying their feelings and are more fearful of them, having more negative views of emotions.

There is help. Use the following suggestions to begin to calm that worrying mind:

1. Worry more effectively: determine when you should pay attention to a particular worry and when to dismiss it. Is it a problem that is plausible or reasonable? If not, recognize the absurdity and let it go.
2. Accept that you don't know the outcome of things...Remain as much in the present moment as possible. What has proved helpful is to accept the worrying thoughts in your mind, letting them just be there. By fighting the worrying thoughts or acting on them you give them more energy and often

make them larger. This process creates a tolerance for the worrying thoughts. In meditation we sit and simply watch the thoughts. We don't respond or react; we just witness what the mind does. In this way we identify less with the thinking mind and begin to tolerate this worrying characteristic as just another quirk.

3. Embrace the awkward! Get comfortable with discomfort! Learn to change your attitude towards uncomfortable feelings and do the things you ordinarily avoid. By practicing going beyond your comfort zone, you stretch beyond your limits and find less to be worried about.
4. Bore yourself with worry! Practice worrying for 30 minutes a day for two weeks. See how quickly you become bored with it. Giving yourself worry time allows you have the rest of the day worry free.
5. Pay attention to your feelings. Experience your anxiety instead of running away from it, burying it, or denying that it is there. In order to get past anxiety, you need to express and acknowledge it to yourself. Then it can diminish. Sort of like turning to look the dragon in the face and realizing it's only the large shadow of a tiny lizard. There is nothing bad about having feelings except the judgment you give them. Feelings are human qualities and are tools for self-awareness. Welcome your feelings, express them and stay in the moment.
6. Breathe! Breathing deeply into the "belly" with eyes closed, slowing the breath and repeating the words "calm and relaxed" in your mind for a few minutes at any time of day can be a quick way to release the worry and regain your center and control.

Manohara Ferretti teaches a stress relief class at the Broward Library. revmanohara@gmail.com

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Late Filing Exemption Deadline - Sept. 17, 2025

Your Homestead Exemption automatically renews each year provided there is no change in the ownership or use of the property. If you are already receiving Homestead Exemption on your current home, you do **not** need to reapply.

If you have not yet applied for your 2025 Homestead Exemption, Limited-Income Senior Exemption, or any other exemption, you can still file until September 17, 2025. To view all the tax-saving exemptions available to qualified applicants, please visit our website at <https://web.bcpa.net/bcpaclient/#/Homestead>.

Senior Exemption: This exemption is both age and income-based and must be applied for separately from the Homestead Exemption. To be eligible for this exemption, an applicant must be age 65 or older as of January 1, 2025 and have a household adjusted gross income for 2024 not exceeding \$37,694. To view the exemption requirements and to apply online, please visit our website at <https://web.bcpa.net/bcpaclient/#/SeniorExemption>.

Disability Exemption: This exemption is available to every blind person or totally and permanently disabled person who is a bona fide resident of Florida. Here is the link to the exemption requirements: <https://web.bcpa.net/bcpaclient/#/DisabilityExemption>.

Veteran & Military Exemptions: Veterans with a service-connected

disability and the un-remarried surviving spouse are entitled to an additional exemption. An active duty service member who is receiving Homestead Exemption may qualify for an additional exemption if deployed outside the United States serving in support of designated military operations. Please visit <https://web.bcpa.net/bcpaclient/#/VeteransExemption> to review the Veteran & Military Exemption requirements and online applications.

Surviving Spouse of First Responder Exemption: Un-remarried surviving spouses of a first responder who died in the line of duty may be eligible for an exemption of the full assessed value of a Homesteaded property. Here is the link to the exemption requirements: <https://web.bcpa.net/bcpaclient/#/FirstResponderExemption>.

Once the September 17, 2025 statutory “late filing” deadline has closed, we cannot accept any more 2025 exemption applications regardless of any good cause reason for missing the late filing deadline.

Property owners who moved to a new home in 2025 can pre-file for tax year 2026 at https://bcpa.net/homesteadonline_with_portability/web/index.aspx.

If my office can ever be of assistance to you, please do not hesitate to contact me at martykiar@bcpa.net

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WYNMOOR'S RELAY FOR LIFE

Wynmoor's "Relay for Life" to benefit the American Cancer Society got off to any early start on February 7th with a "Learn to Line Dance" event in the Country Club Ballroom. Sponsored by the Monday Night Dance & Social Club and the Wynmoor Annual Short Film Festival Club, there were a series of three sessions, each one focusing on three Line dances. The selection was based on a series of instructional videos that appear on the Wynmoor YouTube channel. There was a great response with the event earning \$350, all proceeds going to the Relay for Life. Participants had a good time, learned some dances they always wanted to, and felt good about their contribution. Complete videos can be seen on wynmoorcommunitytelevision/justdance.



Karen Beckman teaching "New York, New York"



Patty Saul teaching "Just a Gigolo"



Group learning dance for "AhSi" and "Fireball"



Susan Baladi "Belly Dance Line dance"



Greeting guests at front door Cindy Selmon, Teresa Mugnai, Mikki Ball, Janice Jacobs and Rene Monblatt



Tamara Tresniowski Teaching "Boot Scootin' Boogie"



Tamara Tresniowski teaching "Sex on the Beach"



Tamara Tresniowski, Enid Wolf-Schein and Rene Monblatt in "Boot Scootin" vests

Puzzles and Games

Solutions on page 70

Crossword Puzzle

GYM DANDY

By Carla Azure

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20				21						22				
23			24					25						
		26				27	28		29			30	31	32
33	34					35		36				37		
38					39					40				
41				42						43				
44			45			46		47						
			48			49		50					51	52
53	54	55				56	57					58		
59						60				61				
62						63				64				
65						66				67				

- ACROSS

1 Head pests

5 Arctic breakaway

9 Nodded off

14 "While_ it..."

15 Say with certainty

16 Type of gas

17 Lawrence, in Stockholm

18 Epsilon follower

19 Not under one's breath

20 L.A. 10-percenter

21 Things done in the gym

23 Black-eyed legume

25 Master of rhymes

26 Abominable

29 Wagner contemporary

33 Firewood measure

35 Beehive State flowers

37 Break bread

38 Atkins or Huntley

39 Detach

40 Tasting of wood, as some spirits

41 Address on the Web

42 Furrier John Jacob

43 End table?

44 Free-for-all

46 Earth models

48 Difficult

50 Detroit player

53 Things done in the gym

58 "Wheel of Fortune" buy, perhaps

59 Sacred song

60 Group of three

61 MIT, for one

62 Aboveground?

63 Birthright seller of Genesis

64 Chick's ending

65 _ down (softened)

66 It's tossed in a pub

67 Speedy fliers no more

DOWN

1 Dooryard bloomer, in a poem

2 Insect stage

3 Things done in the gym

4 ALF and Mork, for two

5) Charity sale

6 It's almost seven, but seven's not

7 Living in Fla., perhaps

8 Get hold of

9 Successful trap setters

10 1962 Kubrick film

11 Black, poetically

12 Tub stopper

13 Kennedy and Danson

21 "Help yourself"

22 Address abbr.

24 Ship's destination

27 "Amazing, _ it?"

28 Clear, as a windshield

30 Things done in the gym

31 _ ends meet

32 Underworld river

33 Bunny tail

34 "No_ traffic"

36 Mary or Jane

39 Software buyers

40 "This_ on me!"

42 Protected, as a home

43 Stork's kin

45 Put away for a while

47 Decide to withdraw

49 Not fashionable

51 It's a start

52 Informal evenings

53 Bit of bickering

54 Capital on a fjord

55 Kind of attraction

56 Night-sky bear

57 Whopper creator

61 _ in Idaho (elementary lesson)
- ## Binox
- | | | | | | | |
|---|---|---|---|---|--|--|
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | | | | | |
| | | X | X | | | |
| | O | | O | O | | |
| X | | | | | | |
- The finished puzzle should be filled with Xs and Os. Horizontally and vertically, there should never be a continuous run of the same symbol longer than 2. There are an equal number of Xs and Os in each row and column. All rows are unique. All columns are unique, too.
- ## Sudoku
- | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | | 9 | | | 5 | | | 8 |
| | | | | 8 | | 9 | | |
| 6 | | | | 1 | | | 4 | 2 |
| | | | 4 | | | 6 | | |
| 5 | | 7 | | | | 1 | | |
| | 2 | | | | | | 7 | |
| 7 | | | | | | | | 5 |
| 1 | 3 | | | 6 | 9 | | | |
| | | 4 | 5 | | 7 | | | 6 |
- Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.
- ## Spring
- Find and circle all of the words that are hidden in the grid. The remaining letters spell an additional item.
- | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T | L | E | M | W | O | N | S | S | S | A | R | G | L | A |
| G | C | Y | C | L | A | M | E | N | S | A | L | I | L | P |
| G | N | G | R | O | W | T | H | R | L | L | L | L | R | S |
| O | Y | I | I | D | L | S | A | R | A | I | E | S | N | N |
| L | A | L | N | K | A | I | E | B | E | R | R | O | H | E |
| F | M | L | O | A | N | F | E | S | G | M | I | P | W | W |
| E | N | A | E | E | E | S | F | I | U | L | R | R | A | L |
| I | O | B | Q | R | A | L | E | O | E | C | S | A | B | E |
| R | S | T | U | B | E | S | C | D | D | F | O | S | W | A |
| I | A | F | I | G | R | N | N | G | L | I | N | R | H | V |
| S | E | O | N | N | R | A | E | O | N | I | L | C | C | E |
| E | S | S | O | I | D | E | W | W | B | I | R | S | B | S |
| S | I | N | X | R | G | E | E | O | A | A | R | M | E | G |
| A | Y | F | L | P | R | O | R | N | M | L | W | P | E | O |
| E | T | E | W | S | S | P | I | L | U | T | R | S | S | R |
| R | E | T | S | A | E | P | L | A | N | T | I | N | G | F |
- ALLERGIES

APRIL

BASEBALL

BEES

CROCUSES

CYCLAMENS

DAFFODILS

DANDELIONS

EASTER

EQUINOX

FLOWERS

FROGS

GOLF

GRASS

GREEN

GROWTH

IRISES

LILIES

MARCH

MAY

NEW LEAVES

PLANTING

RAIN

RENEWAL

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Service Equals Reward

By Sheriff Gregory Tony

Champions Wanted: Find Your Purpose At BSO

At BSO, a career in public service is more than a job—it’s a path to stability, growth and purpose. Many of our employees have overcome challenges, embraced new opportunities and found a place where they belong. I invite you to meet some of our members who have taken the challenge and become BSO champions.

Sergeant Connie Wallen understands this firsthand. While visiting Broward County on military leave, she was stopped by a BSO deputy for driving without headlights. During their conversation, she shared her desire to continue serving beyond the U.S. Army. Instead of issuing a ticket, the deputy handed her a job application—an opportunity that changed her life.



Now, as a leader in the Recruitment Unit, Sergeant Wallen and her team take a proactive and far-reaching approach to attract top talent interested in pursuing a career of service and purpose. From job fairs to local partnerships and nationwide outreach, Sergeant Wallen ensures all applicants receive the support and guidance they need to succeed.

Deputy Jason Rae always had potential, but like many young people, he needed the right guidance to shape his future. A local deputy—who was also his football coach—recognized his drive and encouraged him to dream bigger. That mentorship led Jason to play Division I football at UCF, where he built the discipline and leadership skills that would later define his law enforcement career. Now, as a law enforcement deputy, he’s paying it forward, mentoring and protecting the next generation—just as his coach once did for him.

For Deputy Sean Flynn, public service was always his goal. He started as a Police Explorer in his hometown, eager to learn the fundamentals of law enforcement. When it came time to launch his career, he set out to join a department that would truly accept him for who he was—and BSO was just that. Today, he serves with great pride, committed to an organization where he feels valued and a community that promotes inclusivity.

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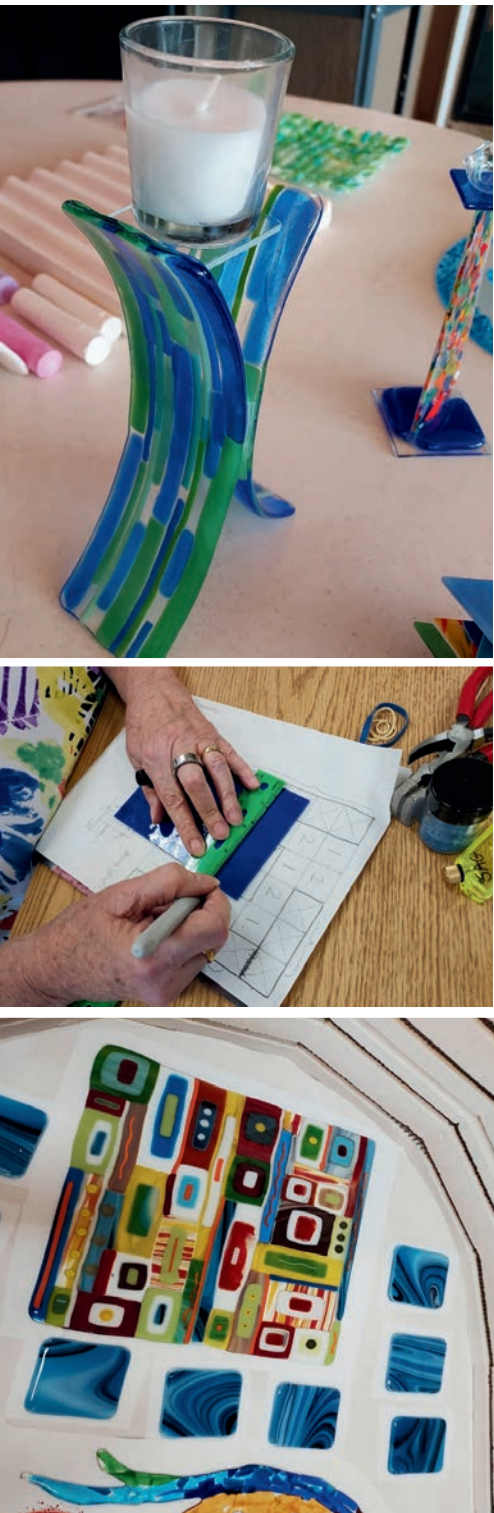
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GLASS KILN CLUB

GROWTH DEMANDS LARGER WORKSPACE

By Vicki Mitchell

Did you know that new research in the journal *Frontiers in Public Health* shows that doing any type of art or creative pursuit increases an “overall feeling of satisfaction with life?” Not really a surprise, is it? Happily, Wynmoor offers several ways to pursue artistic and creative endeavors, including ceramics, clay sculpture, drawing and painting, pottery, stained glass, stone sculpture, and woodshop, as well as other clubs. HOWEVER, none of the aforementioned clubs are challenged with lack of space like the Glass Kiln Club.

Housed in the tiniest of spaces, the 97 active members, with a waiting list of 100 (!) must take turns coming into the workshop. There is only room for about 6 or 7 people to work comfortably and safely... we’re working with glass, after all! For members using a walker or wheelchair, there is no room for them to maneuver or for others trying to use the limited space. It is even harder to access the lockers (if you are lucky enough to get one). When your project is ready to go the kilns, the fun really starts! Members must carry their delicate glass masterpieces outside, walk past the doctor’s office, around the back of the woodshop and painting studio, dodging errant golf balls and carts turning the corner too quickly, as we make our way to the kiln room. If it’s raining or windy, you get wet and possibly trip over downed palm branches lying across the path. In contrast, none of the other art club members must leave their spacious workshops to complete their projects, and we’re happy for them. That’s the way it should be.

A lot of time and effort goes into the lessons presented at the beginning of each season, and the new members are excited and eager to get started.

Unfortunately, there are too many would-be artisans who pay to take the class, buy the tools needed to begin, and end up frustrated and/or intimidated by the crowded working conditions. Sadly, some of them drop out altogether.

Our waiting list for new members is long, and after the Wynmoor Art Show, where we showcased our work, the list grew even longer. Nobody wants to discourage would-be members from joining the wait list. That is why we continue to hope that Wynmoor will do their best to expedite the plans on the table for a new and improved space for the Glass Kiln Club.



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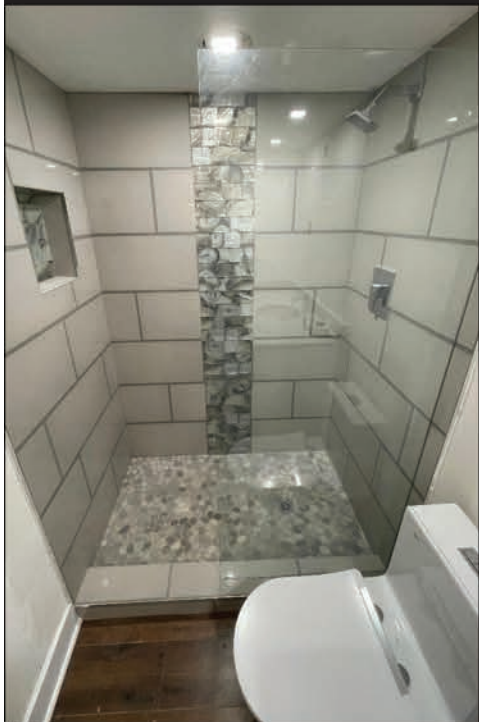
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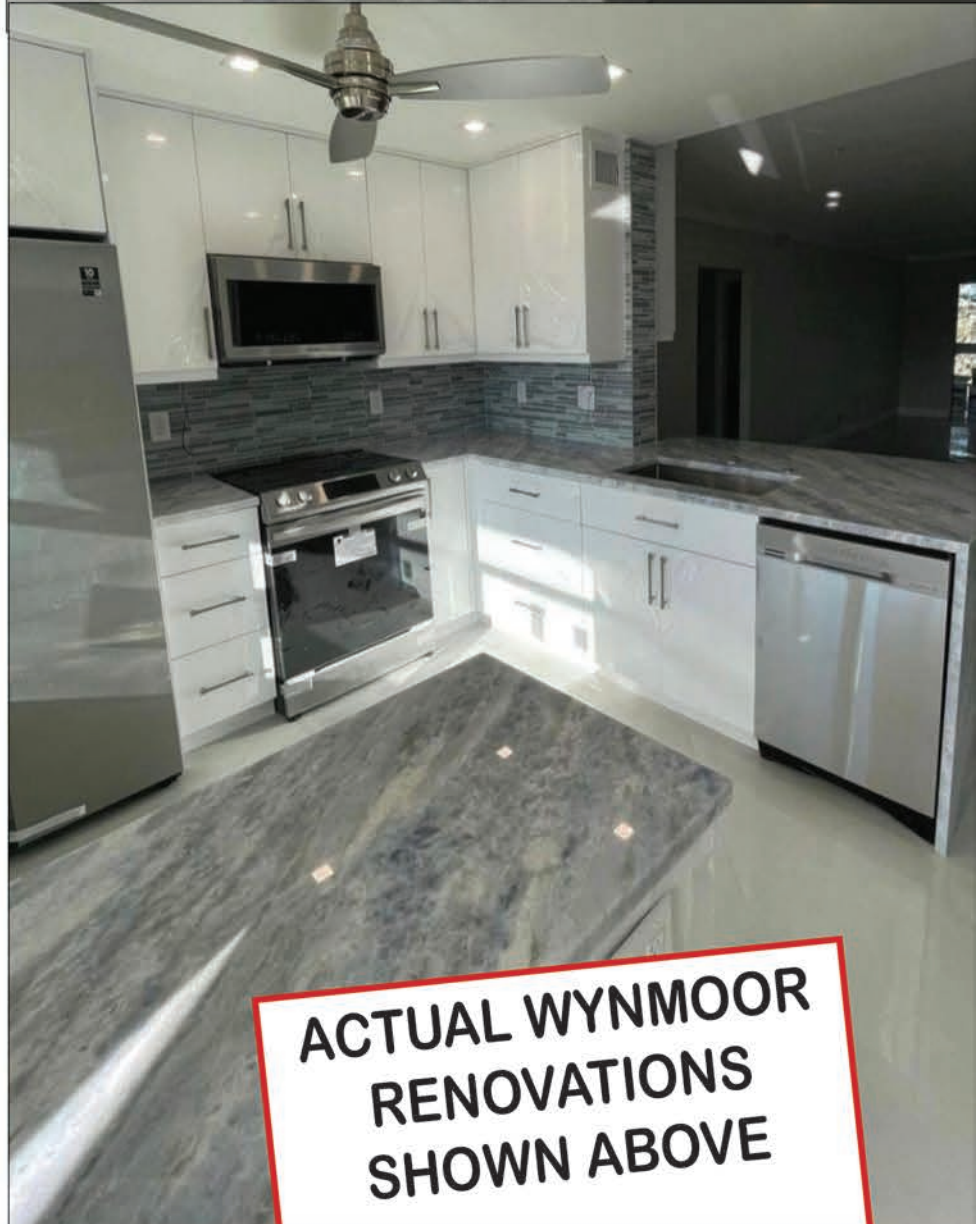
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AFTER

If You Now Have Equity In Your Home, Consider Doing A Trust!

By Martin Zevin, Attorney

In 2012, I wrote an article recommending against doing a Revocable Living Trust if you were “underwater” with your mortgage. I wrote that article just before the housing market in South Florida began to recover.

The last five years have seen significant increases in property values. This has resulted in many homeowners now having positive equity. I read a statistic that, in the third quarter of 2015, 322,701 homeowners in Palm Beach, Broward and Dade counties owed at least 1/4 more than the market value. A more recent article indicated that South Florida continues to see higher home price increases than most of the rest of the country. Therefore, most homeowners now have equity in their home.

In the article I wrote in 2012, I advised clients to live long enough to see their properties increase in value to exceed the amount of the mortgage; at that time, they could come back to me to discuss a Revocable Living Trust. That time is now here.

Without equity in your home, it does not make sense to pay an attorney the fee and costs involved in creating a Trust, since you would be burdening your heirs with a property that has a negative equity. However, once that equity turns positive, you are doing your heirs a favor by eliminating the time and money involved in going through probate. Remember also that the Trust is called a “Revocable Living Trust.” This means that, as long as you



are alive, the Trust remains with you. You can always sell your home and buy a new home as Trustee of your Trust. You do not need to change the Trust unless you want to change the beneficiaries for the new property. You can also buy additional properties, in Florida or out of state, as Trustee of your Trust.

Therefore, if you now have equity in your home, you should seriously consider creating a Trust. Transferring your home to the Trust will not change your homestead or your real estate taxes.

In addition, regardless of the equity in your home, it is extremely important to have current advance care

directives to protect you if you are incapacitated. These include the Durable Power of Attorney (which must specifically include the address of your property) as well as the Designation of Health Care Surrogate and Living Will. New Florida laws could mean that your current documents need to be revised.

Please feel free to call me for a free personal or phone consultation regarding any issues pertaining to Wills, Trusts, Deeds, Probate, Power of Attorney or Health Care Surrogate. I am also available for free consultation regarding personal injury claims or car insurance coverage. Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442. My website is www.martinzevinpa.com and my e-mail address is martinzevin@netzero.com

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Martin Zevin, head of the firm, has been practicing in the areas of Personal Injury, Wills, Trusts & Estates in Broward & Palm Beach Counties since 1973.

During this current time of social distancing, I have been consulting with clients via phone, e-mail and regular mail. In the past, my free initial consultation would normally be a personal meeting.

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WLGA's annual installation luncheon at Deer Creek Country Club was a festive, well planned celebration of the new board, the outgoing board and award-winning members. Attendees also enjoyed a delicious luncheon and exciting fashion show.

The 2025/2026 board members and committee chairs were introduced and outgoing board members recognized and thanked.



Players received awards for birdies and lowest scores in each flight.



WLGA

Luncheon & Fashion Show

Our models and their clothes were outstanding and so was the lunch.



Parkland 17 Memorial Foundation Unveils Design for Public Memorial Seven Years After Tragedy



The Parkland 17 Memorial Foundation has revealed the official design for the public memorial dedicated to the 17 victims of the tragic Parkland school shooting which took place seven years ago on February 14, 2018.

The nonprofit organization led a nationwide design competition for the memorial, carefully reviewing and evaluating each submission. After extensive collaboration with the victims’ families and feedback gathered through an online public survey, The Parkland 17 Memorial Foundation selected a design by artist Gordon Huether of the Napa, California-based Gordon Huether Studio.

“We are deeply humbled and honored to have been selected to create the Memorial for the victims of the Parkland school shooting,” Huether says.

“We believe this memorial will be a place where friends, families and the community can come together to honor and remember those lives taken in this senseless tragedy. This Memorial is not only inspired by love for the victims, their families and the Parkland community but is also inspired by the beautiful site on which the memorial is planned to be located.”

Huether’s design features concentric circles, with a central fountain and seating area surrounded by 17 limestone obelisks, each engraved with the name and a brief tribute to one of the victims. A meaningful poem will be etched into the plaza’s surface. Shade structures will provide comfort for visitors, while laser cutouts create shifting shadows as the sun moves throughout the day. To complete

Parkland 17 Memorial Concept by Gordon Huether

the design, 17 royal palm trees and an outer seating wall will outline the memorial, which is set to be located within a tranquil 150-acre preserve bordering Coral Springs and Parkland.

“Our decision was not an easy one, so many of the designs submitted really captured the essence of what this Memorial should represent,” says Tony Montalto, father of victim Gina Montalto and vice chairman of the Parkland 17 Memorial Foundation. “The public input is very much appreciated. Now we move on to the fundraising and construction stage so we can have a public place to remember and reflect on those who were taken far too soon from our families and our communities.”

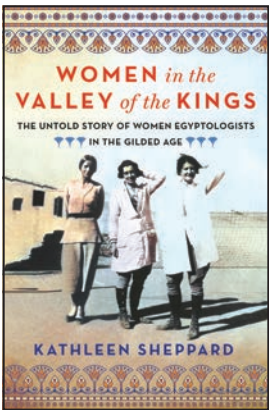
For more information and donations, visit parkland17.org/donate.

book review

By Beatrice Horowitz

WOMEN IN THE VALLEY OF THE KINGS

By Kathleen Sheppard



Throughout the nineteenth century and into the first half of the twentieth century adventurers from western countries, led by England, traveled to Egypt to explore the archeology of that country’s ancient civilizations. This book focusses on the women who were part of these pilgrimages. Lucie Duff-Gordon was perhaps the first, seeking a healing climate in Egypt that would alleviate her tuberculosis in the 1860s. For the next ninety years, until the Egyptians threw the adventurers out of their country, men, and women, sometimes together, sometimes separately, made the trek across the Mediterranean and up the Nile, to explore and excavate the ruins of tombs and temples in the Valley of the Kings. Regulation of their activities was light or non-existent, and they carried away many artifacts, the building blocks of Egyptology collections back in England and America. Women’s particular roles in this were often recording, organizing, cataloguing, and corresponding. Without their efforts the museums would have been left with piles of old unidentified rocks. I found the book poorly written in places, with repetitious and sometimes confusing language, and I would have liked a map of the Valley, but the stories it tells of individual lives are fascinating. I’ll never go to the New York Metropolitan Museum again and not think of this book.

LOYALTY

By Lisa Scottoline



Every chapter in this four hundred plus book about Sicily is less than ten pages. That pacing kept me turning pages to follow the story, as the author moves between four different plot lines until uniting them at the end. Set in the nineteenth century, the plot revolves around the beginnings of the mafiosi in the protection bands formed to guard the island’s lemons as they were carted overland from the orchards to Palermo, where ships carried them throughout the world. Love, jealousy, greed, grief, and revenge move men and women to great and horrible actions against each other. This is an epic tale told with a quickness of language and an author’s wry observances of her characters. Fun to read.

There are many little ways to enlarge your world.
Love of books is the best of all
-Jacqueline Kennedy

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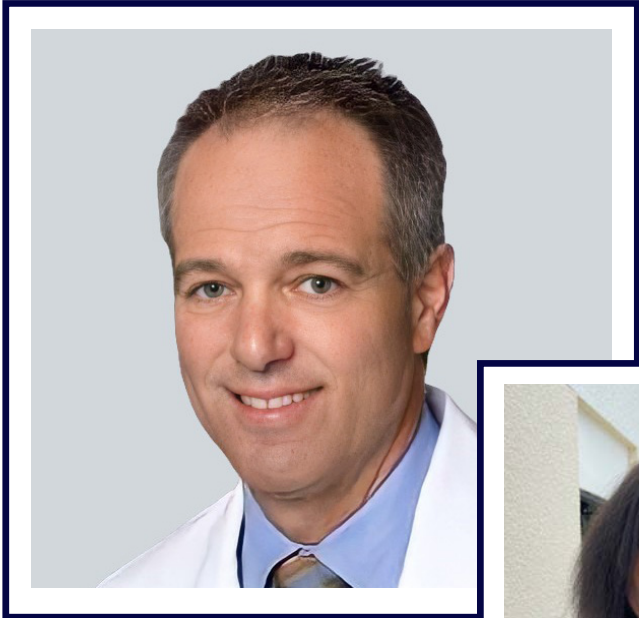


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Are You Living With, Or Worried About Someone Suffering With Chronic Back Pain?

By Leading Back Pain Expert, Todd James

Do you, or someone you love, suffer with back pain? Does the pain get worse when you stand or walk? Do you experience pain, numbness or tingling into your butt or down your leg? Do you have pain when you sit for long periods or drive? Are you afraid your pain will get worse if you don't do anything about it? Has the pain gotten so bad, that you avoid many activities that you used to enjoy?

If you are 55+ and answered YES to any of these questions, then please read on because I have some special information about relief of your back pain.

It's a shame so many people think their options for dealing with back pain are rest, pain killers, or maybe worse, injections or even surgery. Often these solutions are only

temporary, because they don't address the true cause of your back pain, but just mask the symptoms. Others believe there is nothing that can be done, and they will just have to suffer through the pain.

If you or someone you love is experiencing back pain and are wondering if you are doing the right things for your back, I would like to offer a free guide I have created to answer those questions. In this guide, **Erasing Back Pain: How to Avoid the 9 Most Painful Mistakes and What You Should Be Doing Instead**, you will find information about what will not help ease your back pain and how to make the right choices to get you out of back pain and on the road to enjoying an active, healthy lifestyle again.

I'm Todd James, Physical Therapist and I have been helping 1000s of people 55+ over the last 2

decades find quick, natural, long lasting relief from back pain. I've put together this guide because in easing your back pain it's not just about doing the right things, but also about avoiding the wrong things. When you choose the right path, your recovery from back pain will be much more effective.

If you are currently held back from getting a good night's sleep, being able to walk with friends, getting out on the golf course, or playing with the grand-kids, I invite you to visit www.coconutcreektherapy.com/backpain to claim your free guide. If you prefer, give us a call at 954-972-1200 and we'll be happy to assist you.

Don't let back pain take the joy out of your life. Get started on your path to a pain free active life!

Proudly marking 20 years of success and dedication. I'm honored to be your trusted Real Estate expert in Wynmoor Country Club. Thank you for your continued support and trust in making me the top-selling agent in this wonderful community. Here's to many more years of helping you find your dream homes!

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2006 Granada L3	2/2 Remodeled Turnkey Beauty W&D	\$299,500
4402 Lucaya L3	2/2 Remodeled Turnkey, Lake View	*\$270,000
2202 Lucaya J1	2/2 Magnificent Remodeled, Lake View.....SOLD	\$248,000
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3102 Portofino H4	2/2 Top Floor Beauty. Beautiful Renovations with Waterproof Floors Throughout, Great Views.....	*\$224,000
2202 Lucaya G2	2/2 Fully Renovated, Sparkling Lake Views.....	*\$219,999
2804 Victoria L2	2/2 Turn Key, Renovated, Pool View	\$199,000
2103 Lucaya K2	2/2 Turn Key, Move in Beauty, Lovely Renovations.....	*\$169,990
2404 Antigua N2	2 Bed 2 Bath Turnkey, Partially Renovated.....SOLD	\$159,000
4301 Martinique C3	2/2 Overlooking Sparkling Lake, Some Renovations.....	\$149,000
2903 Victoria B1	2/2 Make it your own, Stunning Views.....SOLD	\$149,000
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Clubs and Activities

All Wynmoor Clubs (regardless of name) are open to Wynmoor residents. Dues may be applicable. To publish your club info here, please email your submission to: wynmoorads@aol.com. The deadline is the 10th of the month, for the next month’s issue. Thank you in advance! Please contact the Club President for more information.

Belly Dance Club

By Susan Baladi

ATTENTION WYNMOOR!!! We started the first charter of Shimmy Mob in South Florida. Women dance around the world to bring attention, educate, and help shelter abused women. “We create change, one shimmy at a time.” Come to the free Belly Dance Club class and learn more about this wonderful International Organization. You might want to join a world-wide sisterhood. Belly Dance Club meets weekly on Tuesdays from 3:30 - 4:30 p.m. Check flyers in the library for location. All skill levels welcome. For more information, call Susan Baladi at 954-439-0313 or Stephanie Davis at 551-404-7301.

Ben’s Friends Art Club

By Enid Wolf-Schein

Every Saturday morning from 9:00 a.m. - 12:00 p.m., if you look in the art room in the Country Club building, you will see Ben’s Friends enjoying the opportunity to work in such a pleasant environment with fellow artists, and aspiring artists. Whether you are experienced, or just want to try your hand at painting in some media, you can come and enjoy the company of fellow painters in a friendly atmosphere. Dues are only \$10 a year. If you want more information call President Rene Monblatt at 954-933-7755.

Billiard & Pool Club

By Bob Horowitz

Have A/C indoor fun and meet new friends! Players of all skill levels are welcome. The Room is open 7 days a week from 8:00 a.m. to 11:00 p.m. All residents and their guests* are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor Country Club building, next to the library. Boasting 14 tournament grade regulation size pool tables, 4 heated - 3 cushion billiard tables, and one regulation snooker table. This Pool & Billiard Room has been called the best Pool, Billiard, and Snooker venue, public or private, in all South Florida. Please have your Wynmoor I.D. with you. *Guests must be registered at the Recreation Department, or with the guard at the Clubhouse, or must be accompanied by a resident.

Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events included Karaoke Night, Comedy Club Night, Group BBQ & Dance, Picnic at *the Cove* with live music, Club Pool & Billiard Tournaments, and other social events for couples and singles. The cost to join the Wynmoor Billiard and Pool Club is \$10 per year. FREE POOL LESSONS: Put your name / phone # / Address on an envelope requesting lessons in the lock box in the room or e-mail Wynmoorpoolclub@gmail.com.

Bocce Ball Club

By Jim Erickson

Calling All New Players! The Bocce Ball Club led by Jim Erickson is looking for new members to join the fun! Here’s what you need to know:

- Two Player Groups: Choose the schedule that fits you best!
- Early Birds play Monday through Sunday from 7:30 - 10:00 a.m.
- Mid-Morning Group play Mondays and Saturdays from 10:00 a.m. - 12:00 p.m.
- Affordable Dues: Membership is only \$10 per year!
- Skill Level: All are welcome, regardless of experience.

Ready to Join? Contact Jim Erickson at 954-400-9302 for more information.

Bookies

By Sharon Curtis

The following are the upcoming books: March 4th - *Seven Days Of Us* by Francesca Hornak, April 1st – *Nature Of Fragile Things* by Susan Meissner, May 6th – *James* by Percival Everett, June 3rd – *The Goddess of Warsaw* by Lisa Barr. Meetings are held the first Tuesday of the month at 3:00 p.m. in the Sunrise Room in the East Wing of the Wynmoor Theater. Join us for an afternoon of

lively discussion along with fun and laughter. We welcome all book lovers. For more information email scwine101@gmail.com. Please include your phone number.

Bridge Club

By Bram Hamovitch

Bridge players of all levels are welcome to join us in the East Wing of the theater building for our ACBL-sponsored duplicate games. We play on Tuesdays and Fridays at 12:30 p.m. (please arrive no later than 12:15). In addition to our games, Lenny Fagen offers us free lessons that are open to anybody, prior to our Tuesday games. The lessons start at 11:45 a.m. The theme of the lessons is “The Language of Bridge, Informal Lessons on How to Communicate With Your Partner.” After the lesson, feel free to join our regular game, which starts at 12:30 p.m. All bridge players are invited to join our once a week “Play & Learn” bridge sessions. The sessions cost \$5 and are held on Fridays, from 9:30-11:30 a.m. in the East Wing. These lessons are designed for “beginners” and “near-beginners,” who have played at least a few times, but still need help with the basics. The lessons include supervised play, which will help you become more confident in your bidding, declaring and defending. More information about these lessons can be obtained by contacting Lenny at 416-432-1280. Questions about our club? Please contact David at 917-940-1552 or dmrice@mindspring.com. You can also email us at wynmoorbridge@yahoo.com

Camera Club

By Nancy Landman

The Camera Club of Wynmoor welcomes all shutterbugs with varied levels of experience whether you use a traditional camera or a cell phone. Our meetings are on the first and third Tuesday of each month through April, from 3:00 - 5:00 p.m. We meet in the Lecture Hall at the Clubhouse. This season we have some wonderful presentations as well as photography outings that will include instruction and guidance. In addition we have members’ photographs to view and review. Interested? You are invited to attend your first meeting free of charge. Yearly membership is: Individual \$10 Couple \$15 If you’d like to see some samples of our recent photos, check out the display case at the clubhouse or the Camera Club section of the News and Views and The Insider. If you’d like to register as a member, or receive info and updates, send an email to: CCWynmoor@gmail.com. For more information, call or text Jennifer James 917-359-7181 or Nancy Landman 954-496-1965.

Ceramics Club

By Tamara Tresniowski

Happy St. Patrick’s Day! Spring is in the air, join us and be creative. Come by to look at the display case and see the wonderful work done by our members. Check out the 1000+ molds we have. Ceramics is a wonderful way to meet new people while you use the creativity you didn’t know you had. Come in and sign up for classes (\$40 for 4 classes plus a starter kit of supplies). Our club is located at the clubhouse. Annual dues are \$15. We are open Monday through Thursday from 9:00 a.m. - 12:00 p.m. and Friday from 9:00 - 10:30 a.m. We look forward to seeing you.

Chess Club

By Hillel Cohen

The Wynmoor Chess Club welcomes back seasonal residents and wishes all a Happy New Year! Perhaps getting back in the game (of chess) was not number one on your New Year’s Resolution list, but it might be the easiest resolution to keep. We meet every **Tuesday Evening** from 6:30 p.m. to about 9:30 p.m. in Card Room 1 of the Clubhouse. All chess players at any level are welcome and no partner needed. There are no dues and no fees. Chess sets are provided. Games are casual and relaxed, so come and play. Masks are optional. If you haven’t played since high school, don’t worry – we hear that a lot. No one’s keeping score or rankings and you’ll be surprised at how much you remember. Besides, the point is to have a pleasant time while exercising our brains.

more clubs...

Continued from page 55

Clubs and Activities

Clay Sculpture Club

By Sandy Werner

The Clay Sculpture Club Studio is bordered by the golf course on one side and *the Cove* on the other. The studio is light and beautiful and open to anyone in our Wynmoor community who would like to try their hand at sculpture. We will be offering some introductory courses to encourage and to give courage to those who have not “played with clay” for a very long time. Please call Sandy Werner at 973-476-6943 or Pierrette Zeestraten at 514-704-4497 for more information.

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Current Events

By Susan Myers

Please join us each week as we discuss various topics of interest to Wynmoor residents who get together every Tuesday morning from 10:00 - 11:30 a.m. in Card Room 1 within the Country Club area. Topics vary depending on the needs of the individual speaking. We begin each meeting with news related to Wynmoor management issues based on their most recent meetings. Following each meeting, we often get together for lunch. You are always welcome!
Call David Behr at 954-975-9191 and Susan Myers at 954-933-7743.

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Democratic Club

By Steve Vajda

NOTE: Coconut Creek Election March 11, 2025
March 4th Meeting: - Senior Issues in Changing Times
Laurie Plotnick, President - Florida Democratic Senior Caucus
Democratic Club Monthly Meeting: - Tuesday, March 4th - Promptly at 2:00 p.m. - Country Club Ballroom - Doors open at 1:30 p.m.
1:30 - 2:00 p.m.: Broward Supervisor of Elections will be at the meeting so voters can renew your Vote-by-Mail Registration.
This is a requirement by the State of Florida.
Broward Property Appraisers Office representatives will be at the meeting to make sure you have filed for tax exemptions and answer any questions.
Broward Tax Assessors Office representatives will be at the meeting to make sure you are aware of any related IRS tax consequences and answer any questions.
2:00 - 3:00 p.m.: PRESENTATION: “Senior Issues in Changing Times”
Laurie Plotnick, President, Florida Democratic Senior Caucus
What is happening to our country? What issues can we seniors focus upon to make sure our voices are heard. Ms. Plotnick will discuss what we seniors can do NOW to UNITE our voices to preserve our rights.
STAY INFORMED: IT IS OUR COMMUNITY
For more information: Stevevajda@hotmail.com 305-720-5860.

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Drawing and Painting Club

By Beatrice Horowitz

Come and develop new skills or hone your old ones, enjoy the company of other artists, trade observations and tips. We meet weekly on Wednesday afternoons in the art studio from 1:00 - 4:00 p.m. Join the club and gain access to locker space, first come first serve. This season we’ve been enjoying our participation in the Art Walk, getting ready for the Art Festival in March, and practicing live drawing skills.
For information contact beatrice.horowitz@gmail.com, or Lynmillerartist@gmail.com

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Fishing Club

By Paul Vilano

The Fishing Club of Wynmoor meeting will be held on Monday, March 10th in the East Wing CR#4 for your meeting, 3:00 - 4:30 p.m. Snacks and refreshments served.
Sign up for our Annual Snakehead Roundup on Saturday, March 15th.
For more information: Visit the club information carousel in the library.
Email fishingclubwynmoor@yahoo.com
Text or call Paul 516-526-5313.

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Fun With Friends 2

By Benjamin Zoe

Our next dance will be on Sunday, March 23rd and will feature Mantrap. Dance registration forms will ONLY be made available via our website <https://wynmoorfwf2.com/> beginning on March 2nd.



MANTRAP

Mantrap plays great 70’s and 80’s hits, and Latin music that engages all crowds. Come out and hear them perform; they will bring the Ballroom house down!!!! Their music is a mix of current and past hits generating fun, fun, fun. It will be hard to stay seated during their sets. Mantrap is a band with a great following due to their ability to encapsulate Miami’s high energy sounds.
Seating purchases will be sold on a first come, first served basis. The cost to attend is \$10 for members and \$20 for non-members. NO TICKETS WILL BE SOLD AFTER MARCH 18th.
Membership does not guarantee dance admission due to the Ballroom’s legal occupancy limits.
Membership for Fun With Friends 2’s June 2024 to May 2025 year is still available as membership numbers are not capped - join at any time of the year. Membership registration will only be made available on our website as well : <https://wynmoorfwf2.com/>
For all other information email: admin@wynmoorfwf2.com

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Glass Kiln Club

By Vicki Mitchell

The Glass Kiln Club has recently welcomed 18 new members, bringing our active membership to 97, with 100 prospective members on our waiting list! New members are trained at the beginning of each season by club president Oreet Fagen, and there is much to learn! Selecting your glass, cutting it, grinding it, tacking or fusing it, and selecting your mold to slump it are some of the steps in creating the beautiful works that result from these efforts. Jewelry, bowls, dishes, serving pieces, candle holders, night lights, ocean waves, village scenes and free form sculptures are just some of the creative pieces being produced. We also have the chance to learn new techniques and get new ideas from Oreet at the beginning of each season. The club has monthly breakfast meetings and participates in the Art Walk and upcoming Art Show. Club officers, in addition to President Oreet Fagen, include Vice-president Sharon Schultz, Treasurer Lenny Fagen, and Secretary Judy Platt.

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Health and Wellness Club

By Hope Myers, Member Academy Nutrition and Dietetics

“HOW TO STAY OFF THE FLOOR,” a talk on BALANCE will be delivered by Todd James, Physical Therapist at our meeting Wednesday, March 19th in the West Wing 2 at 2:30 p.m. He will address how to prevent falls by improving mobility in everyday activities. Todd is a 2001 graduate from NOVA Southeastern University in Fort Lauderdale, FL. His primary focus has been in the treatment of the neurologic and orthopedic patient, and has included pediatric, adult and geriatric populations. He uses a variety of manual therapy techniques to improve and restore his patients level of function through one on one personalized treatment plans. Todd is an active member of the APTA and holds certifications through the ACSM and NSCA.
As always healthy refreshments will be served. Support our club, become a member for \$10. Guest fee for each meeting is \$5. For more information contact Hope Myers, President 954-971-9538.

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Ladies Circle Club

By Diane San Anton

We would like to welcome back for our March 27th meeting Dr. Joy Berke Sanchez. Dr. Sanchez is a retired psychologist/psychotherapist who resides right here in Wynmoor. She is the author of two books “The Pursuit of Happiness” and “Triumph Over Tragedy.” This year she will be speaking on stress and its various origins both physical and emotional and ways to mitigate it before it causes critical damage.
If you are planning to attend this lecture and you are NOT a member of the club, the admission is \$5 and a reservation would be appreciated.
Watch for more information regarding our trip to the Willow Theater on April 5th, starting with lunch at Walts American Grill in Boca Raton. The show this year is Sylvia, a modern romantic comedy about a marriage and a dog.
Please call Diane San Anton for more information at 954-590-2794.
Email telepixie@hotmail.com

Clubs and Activities

Mah Jongg Club

By Judy Palma

For more information, please contact Judy Palma at 609-577-5946 or Nancy Smith at 954-610-1539, or send an email to nancylsmith1021@gmail.com.

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Monday Night Dance and Social Club

By Tamara Tresniowski

Happy March to all. Spring is in the air. We have many great things to celebrate this month. Come in March 3rd and celebrate Mardi Gras and National Oreo Cookie Day. Tamara will be teaching the Sex on the Beach line dance. March 10th there is no dance (the ballroom is being prepped for the Festival of the Arts). March 17th we are celebrating St. Patrick's Day so wear your green and come learn the Irish Jig taught by Patty Medina. On March 24th come celebrate Greek Independence Day and learn the Zorba line dance taught by Sherry J. Finally, March 31st is National Stripes Day, so wear some stripes and learn the NEW Cupid Flex line Dance taught by Hillel Cohen. If you aren't a member yet annual dues are \$10 and then \$2 a week. Guests pay \$5 to come in and dance.

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Nature And Arts Club

By Linda Storfer

In January our trip to the Wellington Equestrian Center was a delightful experience which included champion horses and riders showing us their best stuff, plus a delicious buffet lunch that all of us enjoyed. In February we learned that many important lessons in life can be learned from gardening and working with the soil and we visited the Adrienne Arsht Theater where we were given a backstage tour of one of Miami's most beautiful gems. Coming up this month is our breakfast on March 6th featuring Wynmoor resident Enid Wolf Schein who will be speaking about Wynmoor's Short Film Festival. Be sure to join us on Wednesday March 19th when we visit the Harid Dance Conservatory where we will be treated to a dance performance of aspiring young gifted girls in high school. All breakfasts and trips are open to members only. For more information about membership please call Sheryl Darby at 954-977-4008.

Co-president of the club, Nancy Moskowitz, is retiring from her position at the end of the season but will thankfully remain involved with the club and continue writing the newsletter for club members. A search is on for a year-round member to assist co-president Elaine Lurie, as well as to help fill several other positions. This is a large and active club and needs help from its membership to continue providing the great activities and opportunities that it does.

.....

Needlework Click

By Barbara Bilello

Our March meetings are the 11th and 25th; the second and fourth Tuesday of each month. We meet in the West Wing from 1:00 - 4:00 p.m. We serve coffee, tea and yummy snacks.

If you are new to Wynmoor and looking to meet and make new friends, come and check us out. We are a friendly group of ladies who enjoy sharing our projects and patterns.

Remember if you have yarn that you're not needing anymore give us a call and will be happy to pick it up. Call 754-222-6375.

.....

Night Tennis

By Jo Ann Perreault

The Night Tennis program has been run for 16 years under the guidance of Jo Ann Perreault and Dennis Levans. Every Monday, Tuesday, and Thursday nights from 6:30 - 8:00 p.m., with a warm-up period beginning at 6:15 p.m., they shepherd players to a good time.

Monday and Tuesday fee of a dollar is requested, no charge on Thursdays. The money collected is used to purchase balls, so they always play with new balls and the surplus funds are used for pizza parties.

The required skill level is 3.0 – meaning being able to serve, and return serve effectively and to maintain one's part in a rally. If this describes your ability, please come, and join the players for exercise and socializing under the lights.

.....

Pickleball Club

By Mayda Coombs

The Pickleball Club likes to keep busy. If you have been sitting around wondering what you can do, we can help. Come to the Racquet Center and see what it is all about. We hold monthly dinner dances and tournaments during the season. If we have peeked your interest, we also have classes on

Mondays. You must register at pcw.classes@gmail.com. You will receive a reply. All our up and coming events are posted on our bulletin boards at the Pavilion. It's never too late to learn something new and make new friends.



The Conservative Club of Wynmoor

By Andrea Joy Frankel-Bellitto

The Conservative Club of Wynmoor will welcome Vanessa Rodman Tuesday, March 18th at 7:00 p.m. at the Wynmoor Clubhouse - Ballroom A. Vanessa is the Marketing and Recruitment Director for Alzheimer's Research, Alzheimer's Treatment Center. They believe in the best possible care for those afflicted with this horrible disease.

My family, like so many others, have been affected so terribly by Alzheimer's, getting the updates about it and suggestions of what to do and how to best handle things if any of us are faced with this terrible disease will be very helpful.

.....

U.S. Club

By Sharon Poulos

The US Club has a fun-filled evening in store for you with the fabulous celebrity impressionist HOLLY FARIS! Holly is a one woman show and has thrilled audiences coast-to-coast with her assortment of celebrity impersonations! Come see some of your favorite Divas come to life right here in the Wynmoor Ballroom. Tuesday, March 25th, at 7:30 p.m. Members cost is \$5 and Guests are \$10 at the door.

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WGA

By Nathalie Carlson

Just a reminder that Super Sunday is on March 2nd. Please come out and support your favorite player. Golf carts only no pedestrians allowed.

The Awards Banquet will be held at the Deer Creek Country Club on March 24th. Price will be \$85 per person. The sign-up sheet will be available this week 2/6. This is not a sit-down dinner, there will be 3 stations to choose from. No waiting for your food, just serve yourself. Cocktail hour will start at 6:00 p.m. - cash bar only. Followed by dinner and awards. We will have a DJ, Mike Rapposelli, to wrap the evening up.

A full list of events will be posted on the sign-up sheet in the pro shop.

Most importantly don't forget to vote in March 11th!!! This is a critical election for both Coconut Creek and Wynmoor.

Thank you,
Nathalie Carlson

.....

WLGA

By Linda Sue Lewis-Moors

The WLGA (Women's Ladies Golf Association) annual luncheon at Deer Creek Country Club was an enjoyable event for all attendees. The luncheon featured an outstanding fashion show in addition to the official installation of 2025 board members: Karen Beckman, president; Carol Skop, vice president; Donna Griggs, vice president tournaments; Bella Wagner, vice president events; Ellen Graciella, secretary; and Jann Cohen, treasurer.

2024 league members were rewarded for achievements in several categories. Caryl Fouts had the most birdies, with Susan Yang second and Donna Griggs and Mary Kukulski tied for third.

18-hole golfers with the lowest total ringer scores during league play were awarded in flights with first, second and third place winners.

Championship flight: Carol Fouts and Susan Yang (tie); Shawna Kamien and Jeannie Lee (tie); Denise Vanover

A Flight: Donna Griggs; Mary Kukulski; Lois Tyman

B Flight: Cindy Milligan; Ellen Graciella; Shelly Mark

C Flight: Jann Cohen and Nancy Zwicker (tie); Kristine Baker and Nathalie Carlson (tie); Linda Lewis-Moors

Clubs and Activities

Continued from page 57

9-hole golfers: Lorraine Dunleavy; Rochelle Patten; Laura Kirschner and Barbara Barak (tie)

Throughout the year, WLGA members enjoy special events and weekly tournaments. These provide opportunities to socialize with this group of friendly, active women. In addition, WLGA members also join WGA and enjoy their numerous golf and social events.

For more information, please call Karen Beckman at 262-374-2672.

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Women’s Non-Fiction Book Club

By Beatrice Horowitz

We focus on reading books by women authors and/or about women’s issues. This past month we read *The Movement* by Clara Bingham. We meet the second Monday of the month at 2:00 p.m. in the Sunrise room for discussion, and the fourth Monday of the month at 12:30 in the Cafe for lunch and socializing. Hope to see you there.

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Woodworking Club

By Ernie Fleury

The Wynmoor Woodworking Club is open 7 days a week from 9:00 a.m. to about 4:00 p.m. We are located at the east end of the Clubhouse. There is a club officer present daily and inquiries can be addressed by most members present at that time.

.....

Writers’ Workshop

By Judy Weissman

Roar! Since Spring comes in like a lion, do you have the courage of a lion to get supportive, encouraging, inspirational feedback on your writing? If interested in attending the Writers’ Workshop, email Nancy Heller Moskowitz, club president at laughlady55@aol.com

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Wynmoor Hadassah

By Judy Goldman

WYNMOOR HADASSAH is having a very exciting year!

Our February 5th General Meeting had great speakers from the Area Agency on Aging from Broward County. Everyone was inspired to use this free information service to make their lives easier.

Our Annual Card Party was held on February 16th in the West Wing.

March 5th will be our GENERAL MEETING. We have a very interesting speaker who will describe how she survived the Holocaust. The meeting will be in the West Wing, starting at 12:45 p.m. Bagels and coffee will be served.

Our DENIM and DIAMONDS COUNTRY WESTERN LUNCHEON and FASHION SHOW is April 4th in the Wynmoor Ballroom. The day includes Boutique Vendors, Buffet Lunch and Fashion Show. The cost is \$45 per person, tables of 10. We can match a table together if someone does not have 10 people. Please call Judy Goldman, 954-610-9459 for any questions.

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Wynmoor Short Film Festival Club

By Enid Wolf-Schein

HURRY. Last chance to buy tickets for the 5th Annual Wynmoor Short Film Festival.

Tickets are being sold in the Library Wednesdays from 2:00 to 4:00 p.m. and are only \$5. Opening Night is Friday March 21st at 7:00 p.m. A Matinee the next day, March 22nd is at 2:00 p.m. Screenings will take place in the Country Club Lecture Hall followed by a Wine and Popcorn reception in the Ballroom.

This year we have a total of 10 films. They cover a wide variety of topics and range from 3.2 minutes to 23 minutes. The first film to be shown will be “A Senior Moment” which was the Audience Favorite last year. There are also two instructional line dance videos to “Zorba’s Dance” and “Beautiful Sunday.” During the Reception dance leaders from those videos will be there in-person to demonstrate and lead the dances with audience participation. Popcorn will be available throughout the evening along with great movie music! We also have a Red Carpet for photo ops so “Dress to Impress.”

.....

Wynmoor Video and Film Club

By Eddie Dex

The Wynmoor Video Club is currently involved in a Video production capturing the History of Wynmoor on the 50th Anniversary of our community 1974-2024...We are Celebrating Half a Century of so many people enjoying life in this wonderful, over 55, living community we call home.

We ask that anyone who may have some old photographs or videos of the early days of life and activities at Wynmoor, in past years, to please contact the club Email address. Photos or Videos can be sent to: Wynmoorvideo@gmail.com

On Facebook we are at Wynmoor Video Club

On YouTube at Wynmoor Video Club

Or contact Eddie Dex at 954-305-4627

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Embracing Gothic and Renaissance Period Art in Historic Turin, Italy

By Barry Isaac



In November of 2024, I returned to Turin, Italy, a very historic Northern Italian city. I last visited Turin, Italy in the summer of 1970. I started my very educational day by carefully examining the Palatine Gate which was built by the Romans in the First Century BC. The huge Palatine Gate is one of the best-preserved Roman Gates.

I then continued to walk over to the Palazzo Madama in the historic heart of Turin to appreciate its splendid Museum of Ancient Art. The Palazzo Madama covers the entire history of Turin originally created as a Roman gate. Later on, it became a Medieval Fortress. Subsequently, it became the castle of the Princes of Acaia. Between the Seventeenth and Eighteenth Centuries, it was the residence of the Royal Dowagers of the Savoy Family. In the Nineteenth Century, it became the seat of first Senate of the Kingdom of Italy. Since 1934, the Palazzo Madama houses the Ancient Art Collections of the Civic Museum.

Since the Palazzo Madama’s collection of works of Art is quite extensive and heterogenous, this review is strictly devoted to its collection of Gothic and Renaissance Period Art. From the Gothic Period, I was inspired by the Lombard Piedmontese Floor Mosaic, from the Cathedral of Acqui which depicted hunters (1120-1130 AD, made of stone and glass paste tesserae). I was also captivated by the Master of Courmayeur’s “Antepedium With

Christ, the Virgin, and Saints” (1200-1210 AD, painted and gilded Spruce Wood), as well as Stefan Mossettaz “Crucifixion,” sculptural work made of marble (Renaissance Period).

At the Palazzo Madama, I relished fine Gothic Period Paintings by Barnaba Da Modena’s “Virgin and Christ Child,” Pietro D’Alba’s “Polytych, 1375” and Giacomo Jacquerio’s “Liberation of Saint Peter.” All of these paintings employed tempera on wood panel with gold leaf. In the Medieval Italian Culture, gold was regarded as the light of God. Barnaba Da Modena and Giacomo Jacquerio were associated with Turin, during their lifetime.

As for the Renaissance Period paintings that I especially appreciated, they were; Macrino D’Alba’s “Self Portrait,” Antoine de Lonhy’s “Death of Virgin” with its plethora of gold leaf, Giovanni Spanzotti’s “Madonna and Child on Throne With 2 Angels” (Piedmontese), Antonio Vivarini’s “Coronation of Virgin,” Master of Crea’s “Saint Catherine of Alessandria,” Girolamo Giovenone’s “Madonna and Christ Child With Saint Anne,” Antonello Da Messina’s “Trivulzio Portrait” (Florentine Master), and Netherlandish Painter, Ambrosius Benson’s “Madonna and Christ Child With Two Angels.”

I also relished the ambiance of the Palazzo Madama and the appealing way, the works of Art were displayed.



Life Lessons: Trials and Tribulations

By Vicki Mitchell

“The first garden that most of us experience is the biblical Garden of Eden.” This is the beginning of *Wisdom Grows in my Garden*, a book written by Rabbi Paul Plotkin, who was the guest speaker at the February breakfast meeting of the Nature and Arts Club. The Rabbi, now in his early 70’s and retired from his life’s work of leading a congregation, turned to gardening and discovered the parallels between growing vegetables and the “circle of life.” He reveals in his book the many life lessons he has learned through the trials and tribulations of tending his garden. He makes the analogy of farming to parenting, stating that “Both the farmer and the parent clear the field, plant the seed, raise and nurture the seedling, and watch it grow into maturity with great anticipation of the harvest and no guarantee of ever enjoying one.”



Israel Network

By Linda Storfer

If you have children, grandchildren or other relatives who have made aliyah we invite you to join our Israel Network (In Group). We gather once a month on Tuesdays from 11:00 a.m. - 12:30 p.m. at the far end of the Cove. We are a networking group which is also an advocacy group for Israel and our residents gather to socialize. The date of our next gathering will be Tuesday, March 18th.

This month we are proud to present Ms. Gillian Katz, a native of South Africa who grew up there before moving to Florida. Ms. Katz began her career as a teacher. After leaving teaching she became a broadcast journalist and joined a media team of where she covered exciting stories about Israel. She focused in the field of child abuse, started and edited a magazine which she named *Be Patient*. For gathering information and reservations, please call 412-818-6883.



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HISTORIC MOMENTS

By Barry Singer

American Revolutionary War: The Ten Crucial Days

These ten days, which unfolded in Princeton and Trenton NJ, from December 25, 1776 to January 3, 1777, marked a significant turning point in the American Revolutionary War, and helped secure America’s liberty.

Mark your calendar! April 8th - 4:00 p.m. – Broward County Library, 1100 Coconut Creek Boulevard, hosts a one hour illustrated talk by Barry Singer on “The Ten Crucial Days.” Registration starts March 1st. To register, visit: <https://broward.libnet.info/event/12813755>

1776 was a dismal year for the Continental Army. In August, a disastrous defeat in Brooklyn might have ended the revolution then and there but for the providence of wind and fog which allowed George Washington’s army to escape the most massive British naval force ever deployed to that time. A disheartening retreat through New Jersey, with the British Army under General Cornwallis following closely, saved the army from destruction. However, by December 8th, when the Continental Army crossed the Delaware to safety in Pennsylvania, it had lost 90% of its men. Spirits were low, as was public opinion, so necessary to support the army.

By Christmas the Continental Army was in dire straits: food, ammunition and winter clothing were desperately needed. Most of the citizen soldiers had resolved to go home, their enlistment terms set to expire December 31st. Finally, public support for the revolution was at a low, with the value of the Continental currency sinking fast. A victory was urgently needed.

George Washington decided to take a desperate gamble. On the night of December 25th, his army crossed the Delaware and surprise-attacked the Hessian garrison at Trenton the next morning.

Crossing from McConkey’s Ferry in Pennsylvania, they arrived at Johnson’s Ferry in New Jersey, about ten miles North of Trenton, just as a nor’easter was gathering strength, and despite extraordinary ice blockages on the river. Traveling south, lugging cannon across Jacob’s Creek, the Continental Army marched toward Trenton in the early morning hours of December 26th. When General Sullivan informed Washington that the gunpowder was wet and many muskets would not fire, Washington showed his determination, replying: “Then tell the General to use the bayonet and penetrate into the town; for the town must be taken and I am resolved to take it.”

They attacked the Hessians from the north, emerging from the teeth of the raging nor’easter just after 8:00 a.m. Delayed getting to Trenton until after daybreak, Washington worried about losing the element of surprise. However, Providence was on the Continentals’ side. The storm continued to rage, and the sky remained dark. Further, Major von Deschow, second in command of the Hessian post, canceled the usual morning patrol due to the storm. The surprise remained intact; the victory was overwhelming. According to Washington’s later report to Congress, nine hundred and nine prisoners, the vast majority of the three Hessian regiments, were taken.

The British then amassed an army of more than 8,000 men at Princeton and drove southward to Trenton. On January 2nd, 1777, entrenched in positions

just south of Trenton behind the Assunpink Creek, the Continental Army held off three British attacks in the twilight hours. These three skirmishes became known as the Second Battle of Trenton. As they attempted to cross the Assunpink at the old stone bridge, the British suffered many casualties, inflicted by American backwoods riflemen, and cannon.

Cornwallis decided to make camp and attack the Continentals in the morning. His troops had been marching all day, the night was dark, and the terrain unfamiliar.

Washington and his army, however, were in an awkward position. With their backs to the Delaware River, the Continentals would face in the morning a determined British Army with superior numbers. Deciding to evacuate overnight, the Continentals abandoned their positions, leaving four hundred soldiers to keep the bonfires burning and to make loud digging noises. The British were fooled into thinking the Continentals were digging in for a head-to-head battle in the morning, precisely what Cornwallis wanted.

Using local guides, the Continentals traveled around the British lines, via a little-known path through the woods which we know today as Hamilton Avenue. By the early morning of January 3rd, the American Army was traveling close to Princeton along Quaker Road, aiming to attack the British rear guard in Princeton. At the same time a force of about 700 of those British troops, under the command of Lt. Col. Charles Mawhood, was marching south to Trenton to reinforce the British. The American and British forces met just south of Princeton near Clarke’s farm, and there took place the Battle of Princeton resulting in a third decisive victory for the Americans.

In the ten days from Christmas 1776 to January 3rd, 1777, the Continental Army won three decisive victories, instantly transforming morale and public opinion, both here and in Europe. It was suddenly thought possible that British rule in America could end. The morale of British troops in America nose-dived. British regiments began retiring to bed while remaining dressed in uniform, wondering if this night an attack was coming. In Britain, it became harder to raise troops, and the whole idea of using mercenary troops came into question. These three victories marked a significant turning point of the war. While the shooting war lasted more than four additional years, these Ten Crucial Days marked the moment when the tide had begun to turn.

Barry Singer

Barry Singer lives part of the year at Wynmoor and is a volunteer with the Historical Society of Princeton, NJ, speaking about the American Revolution and leading walking tours in historic

Washington Crossing the Delaware
by Emanuel Leutze, MMA-NYC, 1851



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Iris Arlan & Lee Temares

Our Shabbat Services for the month of March are on the 7th (Shabbat Across America and Purim). Some exciting events will be in store at this service. Stay tuned. Our second service of the month is on March 21st. All services begin at 7:30 p.m. Come early and share time with our Temple Family. Rabbi Paul Offenkrantz will officiate at both. All are welcome, members or simply curious to worship with us, meet others, and enjoy our fabulous oneg. All Services are in the Ballroom at Centura Parc (Lyons to Copans, east two lights to Centura Parc and then right through the gate to Clubhouse).

We are sponsoring a trip to the Harid Conservatory with lunch and a tour. Tickets are \$50 per person. Transportation on your own. Let us know if you are interested. Call Iris at 954-532-5268

Membership is always open! Our dues are \$200, which includes the High Holidays. There are no membership requirements. For general information call Iris at 954-532-5268. For Jewish Ritual questions call Lee at 954-968-4236. Looking for advice on Jewish life cycles such as weddings, funerals, bar or bat mitzvah, unveilings, etc.? Call Iris or Lee.

Our website is ljtcc.org. You can also follow us on Facebook. Sisterhood? Call Toby at 954-978-6911. Men’s Club? Call Joel at 610-550-9415.

And now for some bits of trivia which have been sitting around waiting to see the light of day.

Have you ever heard of Walter Blum? No? He loved horses, racing and stables. He started out at age 16 working for trainer Hirsch Jacobs. In his 22-year career, he won more than 4000 races and is the only Jewish rider in The National Museum of Racing and Hall of Fame. In the 1971 Belmont Stakes he rode Pass Catcher in a 34-1 upset race.

Did you ever wear or see a poodle skirt? Juli Lynn Charlot, who died at 101, was the inventor. She designed the skirt in 1947, and the rest is history. Even Queen Elizabeth wore one as a teenager.

Now, a little on the Book of Psalms (Sefer Tehillim). There are 150 poems in the Book of Psalms. It is the most widely read of all the books in the Bible. They speak to us on a human level. We get many of our most popular sayings from them, and many have become part of our liturgy. You all know, “The Lord is my shepherd” Psalm 23. What about “Out of the mouths of babes?” That is from Psalm 8. It is said that King David wrote them, but they are by many hands. They have been set to music, illustrated, and translated into almost every language.

If you are from an Ashkenazi background, do you remember your mother or grandmother cooking with Crisco? But why Crisco?

During the Industrial Revolution There was a huge increase in textile production. That left a lot of surplus cotton seeds. What was one to do with them? In 1911, chemists at Procter and Gamble learned that they could extract the oil and combine it with hydrogen. That created a cheap alternative to animal-based fats like lard and tallow. Originally, they were going to use the new substance to make candles, but they ended up selling it as a food product.

Originally, cotton seed oil was not a particularly sellable product. With the help of some fancy marketing, it became acceptable. There was even an ad in Yiddish saying that the Jewish people had been waiting 4000 years for a product like Crisco. The product was reminder to Jewish women that they could be both practical American and Jewish.

In 1933, Procter and Gamble put out a cookbook called, “Crisco Recipes for the Jewish Housewife.” Recipes were printed in both Yiddish and English.

Crisco was originally marketed as a vegetable product, but it is really made now from soybeans and palm oil and isn’t particularly healthy. Why is it still used-well-tradition?

See you next month.

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Owner Alert Registration Form

Parcel ID:

Property Owner:

Property Address:

Email address:

Phone number:

Signature:

Legal Disclaimer:

Ownership records are changed based on deeds recorded with the Broward County Records Division. BCPA has no legal authority to determine whether a deed is fraudulent. If you believe a deed recorded on your property is fraudulent, you should notify law enforcement and seek the guidance of an attorney to determine if a quiet title lawsuit is an available remedy. Please also notify the BCPA's Department of Professional Standards and Compliance at 954-357-5494 as our office frequently assists local law enforcement agencies as it relates to fraudulent property transfers. BCPA has no legal authority to determine who has the better title to property if the public records conflict as to ownership. BCPA is furnishing you this information without warranty, express or implied, of merchantability, fitness, fitness for any particular purpose, or accuracy.



March 2025 Movies

Movies start on time. No reserved seating for movies. Movie tickets are \$2.00 (check/cash); exact amount is REQUIRED! NO CHANGE WILL BE PROVIDED. IDs are required; Guests are permitted accompanied by host Resident! Hearing Assist unavailable. Children younger than 15 are not permitted in Theatre. No food/drink allowed in Theatre. Bottled Water - OK. No smoking in Theatre including E-Cigarettes. Movies are subject to substitution. There are no refunds or exchanges. Some people are allergic to perfume and cologne. If you must use these items, please go lightly. ** MASKS ARE OPTIONAL **



Homestead

1 hour, 52 minutes

Tuesday, March 4th at 2 PM* & 7:30 PM
Sunday, March 9th at 7:30 PM*

* (Open Caption)

Starring Dawn Olivieri, Neal McDonough and Susan Misner. Amid chaos, ex-Green Beret joins prepper compound; love grows, truths arise, and a community unites. **Rated PG-13 for some violence and thematic elements. Action, Drama, Thriller.**



The Brutalist

3 hours, 35 minutes

Tuesday, March 11th at 2 PM* & 7:30 PM
Sunday, March 16th at 7:30 PM*

* (Open Caption)

Starring Adrien Brody, Felicity Jones and Guy Pearce. When a visionary architect and his wife flee post-war Europe in 1947 to rebuild their legacy and witness the birth of modern United States, their lives are changed forever by a mysterious, wealthy client. **Rated R for strong sexual content, graphic nudity, rape, drug use and some language. Epic, Drama.**



Nickel Boys

1 hour, 45 minutes

Tuesday, March 18th at 2 PM* & 7:30 PM
Sunday, March 23rd at 7:30 PM*

* (Open Caption)

Starring Ethan Herisse, Brandon Wilson and Aunjanue Ellis-Taylor. Based on the Pulitzer Prize-winning novel by Colson Whitehead, "Nickel Boys" chronicles the powerful friendship between two young African-American men navigating the harrowing trials of reform school together in Florida.. **Rated PG-13 for thematic material involving racism, some strong language including racial slurs, violent content and smoking. Drama.**



When Harry Met Sally

1 hour, 29 minutes

Tuesday, March 25th at 2 PM* & 7:30 PM
Sunday, March 30th at 7:30 PM*

* (Open Caption)

Starring Billy Crystal, Meg Ryan and Carrie Fisher. Harry and Sally have known each other for years, and are very good friends, but they fear sex would ruin the friendship. **Rated R. Romantic Comedy, Drama.**



Saturday Night West Wing

Dance EVENTS

Doors Open at 8:15 pm

March 1st
March 8th
March 15th
March 22nd
March 29th

Eduardo Escalante
Mike Rapposelli
Peter Ruben
John Brown
Eddie Crespo

Join us for the complimentary dance at the West Wing!
From 8:30 pm - 11:00 pm. **Doors open at 8:15 pm.**
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For Wynmoor residents with valid Wynmoor I.D Only.
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Sunday Music Poolside



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MARCH 2ND: DJ JOSE GAITAN
MARCH 9TH: JOSH PEARL
MARCH 16TH: ELI ARROYO
MARCH 23RD: RANDY STEVENS
MARCH 30TH MARIAN WEINBERG

1:00 PM – 4:00 PM

WE CANNOT TOLERATE DISORDERLY CONDUCT. PLEASE REFRAIN FROM THE USE OF THREATENING, OBSCENE OR ABUSIVE LANGUAGE. FIGHTING AND/OR PHYSICAL ALTERCATIONS ARE STRICTLY PROHIBITED. VIOLATORS WILL BE SUBJECT TO FINE AND SUSPENSION.

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PLEASE DO NOT MOVE THE POOL FURNITURE: TABLES AND CHAIRS CANNOT BE RESERVED.

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THE DESIGNATED SMOKING AREA IS AT THE REAR SOUTH WALL OF THE SHUFFLEBOARD COURTS.







Puzzles and Games

Solutions from page 30

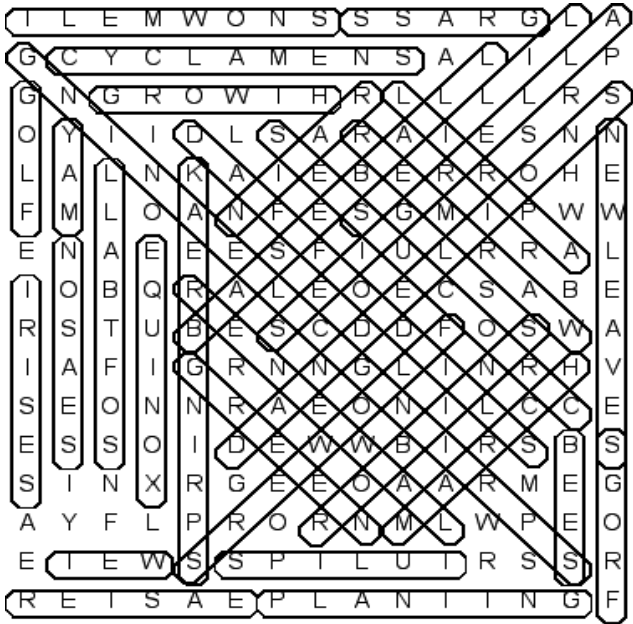
Crossword Puzzle

GYM DANDY

By Carla Azure

1	L	I	C	E	5	B	E	R	G	9	S	L	E	P	T
14	I	M	A	T	15	A	V	E	R	16	N	O	B	L	E
17	L	A	R	S	18	Z	E	T	A	19	A	L	O	U	D
20	A	G	T	21	H	A	N	D	S	22	P	R	I	N	G
23	C	O	W	P	E	A	24	P	O	E	T	25			
26															
27	H	O	R	R	I	D	28	B	R	A	H	M	S	29	
30	S	T	E	R	E	31	S	E	G	O	S	32	E	A	T
33	C	H	E	T	34	U	N	F	I	X	35	O	A	K	Y
36	U	R	L	37	A	S	T	O	R	38	I	N	D	E	X
39	T	U	S	S	L	E	40	G	L	O	B	E	S	41	
42															
43	H	A	R	D	44	P	I	S	T	O	N	45			
46	S	O	M	E	R	S	A	U	L	T	S	47	A	N	I
48	P	S	A	L	M	49	T	R	I	O	50	I	N	S	T
51	A	L	I	V	E	52	E	S	A	U	53	A	D	E	E
54	T	O	N	E	D	55	D	A	R	T	56	S	S	T	S

Spring



The hidden sentence is: APRIL SHOWERS BRING MAY FLOWERS

Sudoku

4	1	9	6	2	5	7	3	8
2	5	3	7	8	4	9	6	1
6	7	8	9	1	3	5	4	2
3	8	1	4	7	2	6	5	9
5	4	7	8	9	6	1	2	3
9	2	6	3	5	1	8	7	4
7	6	2	1	4	8	3	9	5
1	3	5	2	6	9	4	8	7
8	9	4	5	3	7	2	1	6

Binox

○	×	○	×	○	×
×	○	×	○	×	○
○	×	○	×	×	○
○	○	×	×	○	×
×	○	×	○	○	×
×	×	○	○	×	○



Trivia • Trivia

Which writer holds the Guinness World Record for the most translated works?
Answer: Agatha Christie

On July 20, 1969, Neil Armstrong became the first person in history to do what?
Answer: Walk on the moon

Which travels faster: Sound or light?
Answer: Light

What movie is the quote “You had me at hello” from?
Answer: “Jerry Maguire”

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